



City of Harrisonburg, Virginia

Office of the Mayor

409 South Main Street
Harrisonburg, VA 22802
(540) 432-7701

Deanna R. Reed
Mayor

MEN'S HEALTH WEEK **June 11 – 17, 2018**

Whereas, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

Whereas, men who are educated about the value of preventative health will be more likely to participate in health screenings; and

Whereas, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

Whereas, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas, Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

Whereas, the Men's Health Week web site has been established at www.MensHealthWeek.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

Whereas, Men's Health Week will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

Whereas, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

Now, therefore, I, Deanna Reed, Mayor of the City of Harrisonburg do hereby proclaim the week leading up to and including Father's Day as Men's Health Week in this city, and encourage all our citizens to pursue preventative health practices and early detection efforts.

Dated this 12th of June, 2018

Deanna R. Reed, Mayor

Attest: _____
Pamela Ulmer, Deputy City Clerk