

## Application Form

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### Profile

Prefix Jenny First Name Fox Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_ Suffix \_\_\_\_\_

crocusjenny@gmail.com  
Email Address

1028 S Dogwood Dr Home Address Suite or Apt \_\_\_\_\_

Harrisonburg City State VA Postal Code 22801

### How many years have you been a resident of Harrisonburg?

3.5

Mobile: (540) 820-5581 Primary Phone Alternate Phone \_\_\_\_\_

Mercy in Action College of Midwifery Employer Job Title Admissions and Student Services

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### Demographics - *(Submission of this information if voluntary and will not subject you to any adverse treatment should you chose to not complete)*

#### Ethnicity

Caucasian/Non-Hispanic

#### Gender

Female

#### What is your age?

40-50 years old

#### Are you reapplying for a current position you hold? \*

No

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#### Which Boards would you like to apply for?

Social Services Advisory Board (SSA): On Agenda

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### Interests & Experiences

Jenny Fox

Please tell us about yourself and why you want to serve.

**Why are you interested in serving on a board or commission?**

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I am interested in serving my community because I have a personal value of being connected to others in my community, especially from different backgrounds, and I want to grow in my awareness of our city and how I can be plugged in with others. My work right now as faculty of a distance-education midwifery college does not provide local connection, and I live in a fairly homogeneous neighborhood without many natural opportunities to build relationships with or learn from a diverse group of people.

**What other interests or concerns do you have regarding the community?**

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I am interested in how families in our community access education and services about their health, especially for the child-bearing part of life, but also in general. I wonder how the families who arrive as refugees find the resources for their families to thrive.

**What relevant experience or education do you have to this board or commission?**

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I have been a community midwife working at birth centers and home births for over 20 years. Building close relationships to so many kinds of families has been a gift to me, and sparked my interest in how families can be supported to flourish. Currently I'm earning a Diploma in International Maternal and Child Health and one of the books we read is called The First 1,000 Days. This book illuminates how a child's future is largely shaped by his first 1,000 days of life (conception until the 2nd birth day) and improving the conditions for a child's first 1,000 days can improve an entire community and even a whole nation. I would love to know how our social services are supporting families during these 1,000 days and beyond and explore future possibilities.

**Please list any past or present community involvement e.g. City Council, Boards and Commissions, Citizen Academy, etc. in Harrisonburg or elsewhere:**

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I have not participated in local government before. I have volunteered at social service non profits all my life (soup kitchens, homeless shelters). Honestly, I'm not sure if I have the qualifications and experience to serve this board well, but I trust that whoever makes these decisions will evaluate that skillfully.

[Resume\\_PDF.pdf](#)

Upload a Resume

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**EPSAC Applicants only**

**Resume for Jenny Fox**  
1028 S Dogwood Dr  
Harrisonburg, VA 22801  
(540) 820-5581  
crocusjenny@gmail.com

## **Work History**

August 2020 to Current

Mercy In Action College of Midwifery, Boise ID  
(Working remotely from Harrisonburg, VA)

Role: Admissions and Student Services Coordinator  
Teaching Faculty

- Supported student social, emotional and academic development.
- Contacted prospective students via email and phone calls.
- Assisted faculty and staff in duties such as teaching classes, conducting orientation programs and issuing transcripts.

### **June 2020 to Current**

Heartland Health Clinic, Dayton, VA

Role: Midwife Assistant

- Demonstrated respect, friendliness and willingness to help wherever needed.
- Worked flexible hours; night, weekend, and holiday shifts.
- Work as a CPM, LM, monitoring vital signs, comfort levels, and emotional states of mothers during, and after labor and birth.
- Assist Primary Midwife in decision-making for mothers and babies during labor and postpartum

### **March 2019 to June 2020**

Birth Center of Charlottesville, Charlottesville, VA

Role: Certified Professional Midwife

- Offered culturally sensitive care to families from different backgrounds
- Provided comprehensive prenatal, intrapartum, and postpartum care to mothers and babies
- Ordered labs and drew blood, obtained urine specimens as needed
- Reviewed results and advised according to results
- Reviewed ultrasound reports and advised according to the results
- Provided informed choice for families throughout the span of pregnancy and birth
- Used Maternity Neighborhood and Client Care EHRs

- Referred mothers and babies to a physician's care when needed
- Worked as a CPM, LM assisting in home births and birth center births
- Facilitated breastfeeding

### **September 2002 to August 2014**

Professionals International NGO India

Role: Cross Cultural Worker

- Served in Indian villages in various community development projects, taught health education
- Completed cross-cultural training programs with NGO
- Worked as support staff for a clinic initiated by an affiliated NGO
- Learned Hindi language in an immersive long-term program
- Hosted short term visitors for local service projects

### **January 2015 to October 2018**

Self-employed, Galax, VA

Role: Midwife Assistant

- Worked in the role of CPM, LM assisting in home births.
- Attended the 36-week home visit in preparation for the birth
- Assisted the Primary Midwife at the birth to serve the family
- Monitored maternal and fetal well-being during and after labor.
- Facilitated breastfeeding and maternal-infant bonding

### **January 2012 to April 2012**

Casa De Nacimiento, El Paso, TX

Role: Certified Professional Midwife

- Watched vital signs, checked for comfort levels and monitored emotional states of mothers before, during and after labor.
- Met with mothers to design individualized birth plans in terms of health concerns, birthing desires and potential problems.
- Promoted benefits of breastfeeding and offered education on proper positioning, latching and breast care.
- Provided post-partum counseling for struggling families to increase happiness and health of newborns and mothers.

### **Education**

- August 2001  
National College of Midwifery, El Paso, TX  
**Associate of Science Midwifery**

- 2001 Mercy in Action College of Midwifery Davao, Philippines  
**Midwifery And Primary Health Care Diploma**
- May 1998 Lee University Cleveland, TN  
**Bachelor of Science Biology and Cultural Anthropology**

### **Certifications**

- Licensed Midwife in Virginia 2010-present
- Certified Professional Midwife 2001-2006, 2008- present
- Licensed Midwife in New Mexico 2001-2005
- NRP certified current
- CPR certified current

### **Languages**

Hindi