



**City of Harrisonburg
Department of Public Transportation
Title VI Program
&
Limited English Proficiency (LEP) Assessment**

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Approved by City of Harrisonburg City Council: November 13, 2018
Resolution _____

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TITLE VI POLICY STATEMENT

The City of Harrisonburg Department of Public Transportation (HDPT) assures that no person is excluded from participation in, be denied the benefits of, or be subjected to discrimination in the receipt of its services or programs on the grounds of race, color or national origin or any other characteristics protected by law, including Title VI of the Civil Rights Act of 1964, as amended. Further, under the Americans with Disabilities Act (ADA) of 1990, no entity shall discriminate against an individual with a physical or mental disability in connection with the provision of transportation service.

To obtain more information on HDPT's nondiscrimination obligations or to file a Title VI complaint, contact: Cheryl Spain, Program Support Specialist, Senior, 475 E. Washington Street, Harrisonburg, VA, 22802 by mail, phone 540.432.0492 or fax 540.217.4789.

You may file a written complaint no later than 180 calendar days after the date of the alleged discrimination.

Information on non-English alternative formats may be obtained from the City of Harrisonburg Department of Public Transportation (HDPT).

HDPT is committed to a policy of non-discrimination in the conduct of its business, including its Title VI responsibilities. HDPT will deliver equitable and accessible transportation services. HDPT will utilize its best efforts to assure that no person shall, on the grounds of race, color, or national origin be excluded from participation in, be denied the benefits of, or be subjected to discrimination under its program of transit service delivery and related benefits.

HDPT submits this Title VI Plan in compliance with Title VI of the Civil Rights Act of 1964, 49 CFR Part 21, and the guidelines of FTA Circular 4702.1B, published October 1, 2012.

Toward this end, it is HDPT's objective to:

1. Operate transportation service and programs without regard to race, color, or national origin;
2. Identify and address, as appropriate, disproportionately high and adverse human health and environmental effects, including social and economic effects of programs and activities on minority populations and low-income populations;
3. Promote the full and fair participation of all affected populations in transportation decision making;
4. Prevent the denial, reduction, or delay in benefits related to programs and activities that benefit minority populations or low-income populations;
5. Ensure meaningful access to programs and activities by persons with limited English proficiency.

The Director of Public Transportation has the responsibility for carrying out HDPT's commitment to this program. The Program Support Specialist, Senior and the Transit Superintendent are responsible for the development, promotion and operations of the program and the investigation of Title VI complaints. All managers, supervisors and employees share in the responsibility for making the program a success.

Title VI Notification of the Public's Rights

The City of Harrisonburg operates its programs and services without regard to race, color, and national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with the City of Harrisonburg.

For more information on the City of Harrisonburg's civil rights program, and the procedures to file a complaint, contact 540-432-0492 x2723, (TTY 711); email Cheryl.Spain@harrisonburgva.gov; or visit our administrative office at 475 East Washington Street, Harrisonburg, VA 22802, or our website: www.hdpt.com.

A complainant may file a complaint directly with the Federal Transit Administration by filing a complaint with the Office of Civil Rights, Attention: Title VI Program Coordinator, East Building, 5th Floor-TCR, 1200 New Jersey Ave., SE, Washington, DC 20590

If information is needed in another language, contact 540-432-0492.

Si necesita información en otro idioma llámenos al 540-432-0492

Title VI Program Update

Public transportation in the City is provided by the Harrisonburg Department of Public Transportation (HDPT), a department within the City government. HDPT operates fixed-route bus service, Americans with Disabilities Act (ADA) paratransit service, and scheduled routes to Bridgewater and Dayton. The transit system operates six full-time routes geared toward City residents, and several more seasonal routes during the school year, geared toward James Madison University (JMU) students. JMU accounts for about 90% of the system's ridership. HDPT directly operates all fixed route and paratransit service. The 2018 population of HDPT's service area is approximately 55,160. HDPT does not have subrecipients.

A map of transit routes is available at: <http://www.harrisonburgva.gov/index.php?id=168>

Transit routes are available in all census tracts within the City of Harrisonburg.

Annual Title VI Certification and Assurance

In accordance with 49 CFR Section 21.7, HDPT submits the FTA Civil Rights Assurance annually stating that the applicant will carry out the program in compliance with DOT's Title VI regulations.

Service Standards and Policies

FTA Circular 4702.1B, Chapter III, Paragraph 10: All fixed route transit providers shall set service standards and policies for each specific fixed route mode of service they provide.

HDPT has prepared standards for all modes it operates including fixed route and paratransit.

Service Standards

A. Vehicle Load

Vehicle load for each mode: Generally expressed as the ratio of passengers to the number of seats on a vehicle, relative to the vehicle's maximum load point.

HDPT routes provide transportation throughout the City of Harrisonburg serving both the citizens of Harrisonburg and the JMU community. Due to the nature of some of HDPT's routes serving major apartment complexes and inner campus service while JMU is in session, some routes experience more frequent standee volumes than others. The average of all loads during the operating period should not exceed vehicles' achievable capacities, which are 19 for Small Bus, 70 for 35' Transit Bus (JMU), and 37 for 35' Transit Bus (City).

Vehicle Type	Average Passenger Capacities			
	Seated	Standing	Total	Max Load Factor
Small Bus	12	7	19	1.6
35' Transit Bus (JMU)	32	38	70	2.2
35' Transit Bus (City)	32	5	37	1.2

HDPT defines overcrowding as being when ridership on any given trip exceeds the seated capacity of the bus normally assigned to that route an average of at least once per week over a period of a month (defined as “chronic overcrowding”).

B. Vehicle Headway

HDPT defines Vehicle Headway as being the length of time it takes a bus from the start of a trip to the end of the trip for a particular route.

Vehicle headways for HDPT services vary by route and time of day. Headway variation among routes is based on ridership demand which is driven largely by JMU during peak class times as well as workplace populations at or near transfer locations.

Weekday	Peak	Off-Peak	Night
City Routes	45	45	--
JMU Routes	30	30	--
Express Routes	15	--	--
Night Routes	--	--	30

* Peak: 7:30am-9:30am and 4pm-6pm; Off-Peak: 6:30am-7:30am and 9:30am-4pm; Night: 7:00pm-11:00pm
 “--” Means no service is provided during that time period.

Saturday	Day	Night
City Routes	45	--
JMU Routes ¹	45	--
Night Routes	--	25

* Day: 8:30am-6pm; Night 6pm-2:30am

"--" Means no service is provided during that time period.

1 JMU Routes running on Saturday include Campus Shuttle and Shopper Saturday

Sunday	Day	Night
City Routes	--	--
JMU Routes ¹	45	45
Night Routes	--	--

* Day: 11am-6pm; Night 6pm--Midnight

"--" Means no service is provided during that time period.

1 JMU Routes running include Sunday Shuttles 1 & 2

C. Service Availability

Service availability for each mode: A general measure of the distribution of routes within an agency's service area.

Riders using HDPT fixed route utilize main transfer hubs throughout the City including the East Gay St. Transfer Center, Godwin Transit Center (JMU), and the Cloverleaf Shopping Center. These major transfer locations located throughout the City as well as on JMU's campus create a large network of possible riders creating a very large potential catchment area. Routes are structured to serve major points of JMU's campus, Apartment Complexes, and other major points of interest in the City of Harrisonburg.

D. On-Time Performance

On-time performance for each mode: A measure of runs completed as scheduled.

One of the most important of HDPT's service standards is its On-Time Performance or adherence to published schedules.

HDPT utilizes AVAIL for CAD/AVL. AVAIL provides system-wide on-time performance data. HDPT reviews on-time performance data and establishing baselines and standards, policies, and monitoring practices.

Using AVAIL, HDPT staff reviews on-time performance of each route monthly showing deficiencies in the route. HDPT defines insufficient on-time performance as being if a route is found to be more than 7 minutes late or leaving early more than 10% of the time.

Service Policies

A. Vehicle Assignment

HDPT utilizes 35' transit buses with various seating arrangements. Bus seating arrangement types are made appropriate to service type. Due to a generally higher ridership and higher volume of standees, buses with parameter style seating arrangements are assigned to Inner Campus routes as well as routes with higher volume during peak JMU class times.

B. Transit Amenities

HDPT's transit amenities (bus shelters, trash cans, lighting, benches, etc.) are distributed on a system-wide basis.

Public Outreach and Involvement Activities

A summary of public outreach and involvement activities undertaken and a description of steps taken to ensure all persons have meaningful access to the transit system and planned projects are noted below.

1. **HDPT notifies the public of Title VI protections by**

Providing information on its website, www.hdpt.com;

Placing a notification in all revenue service vehicles and bus shelters;

Placing the HDPT Title VI statement in the printed bus schedule;

Also, the front page of the current Bus Schedule states: ENLARGED SCHEDULES AVAILABLE FOR THE VISUALLY IMPAIRED

Notifying the Public of Rights notification is included in the Appendix.

2. **Involvement with community organizations**

1/08/2014– HDPT's Transit Superintendent, Paratransit Coordinator, and Supervisor met with Resident Services Manager of Virginia Mennonite Retirement Community Bob Horst and approximately 20 residents to explain services provided by HDPT as well as engage in a Ride the Bus Program.

07/01//2014– HDPT's Transit Superintendent, Paratransit Coordinator, and Supervisor met with Resident Services Manager of Virginia Mennonite Retirement Community Bob Horst and approximately 20 residents to explain services provided by HDPT as well as engage in a Ride the Bus Program.

9/10/2014– HDPT’s Transit Superintendent and Harrisonburg’s Public Information Officer met with the ARC’s Op Shop to discuss service options and explain paratransit versus fixed route options for employees with disabilities.
<http://www.hrarc.org/>

2/11/2015– HDPT’s Transit Superintendent, Paratransit Coordinator, and Supervisor met with Resident Services Manager of Virginia Mennonite Retirement Community Bob Horst and approximately 20 residents to explain services provided by HDPT as well as engage in a Ride the Bus Program.

5/19/2015– HDPT’s Transit Superintendent and Supervisor met with Assistant Director of JMU’s Orientation and Student Leadership for the Office of International Programs Thomas Lavenir. It was proposed that a Ride the Bus Program be coordinated and presented to staff members and others involved in the organization as needed. If needed, an interpreter will be provided by the organization.

6/12/2015– HDPT’s Transit Superintendent, Paratransit Coordinator, and Supervisor met with Resident Services Manager of Virginia Mennonite Retirement Community Bob Horst and approximately 20 residents to explain services provided by HDPT as well as engage in a Ride the Bus Program.

7/9/2015 – HDPT’s Director, Transit Superintendent, and Supervisor met with Executive Director of the Harrisonburg Rockingham Free Clinic Keith Gnagey to discuss barriers clients have with transportation. In addition, information was highlighted about services that are provided by HDPT’s Transit and Paratransit system.

7/23/2015 – HDPT’s Transit Superintendent Paratransit Coordinator and Supervisor met with Leeanne Shepherd, Director of Harrisonburg People Helping People.
<http://peoplehelpingpeople-harrisonburg.org/> A Ride the Bus Program will be coordinated and presented to staff members and others involved in the organization as needed. If needed, an interpreter will be provided by the organization.

9/8/2016 – Citizens Academy met with HDPT to learn about the inner workings of the department including transit and paratransit operations. Participants had the opportunity to ask questions and tour the facility.

9/28/2016 – Fall Housing Fair was conducted at JMU in collaboration with JMU Off-Campus Housing. HDPT sent Transit Superintendent to engage with JMU students and expose them to fundamentals of off-campus public transportation.

10/24/2016- HDPT's Transit Superintendent, Paratransit Coordinator, and Safety Coordinator met with Resident Services Manager of Virginia Mennonite Retirement Community Bob Horst and approximately 20 residents to explain services provided by HDPT as well as engage in a Ride the Bus Program.

03/01/2017 – JMU Spring Housing Fair conducted at JMU in coordination with JMU Off-Campus Life. HDPT sent Transit Superintendent to engage with JMU students and expose them to fundamentals of off-campus public transportation.

8/24/2017 – Transfer student presentation with JMU students explaining our routes and the system in general. This was coordinated through JMU Orientation.

8/25/2017 – 1787 Presentation at JMU explaining HDPT's Transit system to 300 First Year Orientation Guides who facilitate with JMU's Orientation for First Year Students.

8/26/2017 – Participation with Block Party in the 'Burg whereby thousands of First Year JMU students explored Downtown. HDPT Superintendent and Supervisor had an information table setup and gave away t-shirts and schedules.

10/4/2017 – JMU Fall Housing Fair conducted at JMU in coordination with JMU Off-Campus Life. HDPT sent Transit Superintendent to engage with JMU students and expose them to fundamentals of off-campus public transportation.

11/3/2017- Summer Springboard training with JMU Orientation staff. This consisted of the Transit Superintendent and Supervisor explaining what topics would be best to cover with First Year Students.

2/17/2018—Attended Choices JMU Admissions resource fair. Had representative of HDPT explaining our service to prospective JMU students and parents.

4/6/2018 -- Attended Choices JMU Admissions resource fair. Had representative of HDPT explaining our service to prospective JMU students and parents.

4/9/2018-- Attended Choices JMU Admissions resource fair. Had representative of HDPT explaining our service to prospective JMU students and parents.

4/30/2018—Transit Superintendent conducted Maddy Mover training for JMU event staff. This consisted of going over important aspect of our event day operations for JMU volunteers to best serve the passengers the day of JMU commencement.

6/20/2018—Conducted OPA (Orientation Peer Advisor) training which highlighted logistical elements of Summer Springboard event routes for JMU Orientation staff.

8/20/2018-- 1787 Presentation at JMU explaining HDPT's Transit system to 300 First Year Orientation Guides who facilitate with JMU's Orientation for First Year Students.

8/24/2018—JMU Student Resource Fair was conducted by Transit Supervisor. Explained the basics of HDPT's campus and off-campus bus system as well as the benefits of using public transportation. This was coordinated through JMU Orientation.

8/24/2018—JMU Transfer Student presentation explaining to Transfer students the benefits of using public transportation. This was coordinated through JMU Orientation.

8/25/2018— Participation with Block Party in the 'Burg whereby thousands of First Year JMU students explored Downtown. HDPT Superintendent and Supervisor had an information table setup and gave away t-shirts and schedules.

10/3/2018— JMU Fall Housing Fair conducted at JMU in coordination with JMU Off-Campus Life. HDPT sent Transit Superintendent and Transit Supervisor to engage with JMU students and expose them to fundamentals of off-campus public transportation.

3. Planning and public involvement activities

HDPT is part of The Harrisonburg-Rockingham Metropolitan Planning Organization (HRMPO) through the Technical Advisory Committee and the Policy Board. Through the HRMPO, transit employees are given the opportunity for community involvement to be able to share information about our service, programs, and plans. A public comment opportunity is given at each scheduled meeting. Sign language or non-English language interpreters are provided if needed and requested in advance, for any meeting of the HRMPO Policy Board and/or Technical Advisory Committee.

Public Notices for the HRMPO offer sign language or non-English language interpreters. Sample Public Notice included in the Appendix.

Notices for Public Hearings for the City of Harrisonburg offer sign language or non-English language interpreters.

For spoken translation, The City of Harrisonburg uses a program called Voiance with persons either in person or by phone. HDPT employees provide written translation. Schedules in Spanish are printed and available on the website.

4. Public Participation Plan

The Public Participation Plan for HDPT and HRMPO was Adopted 19 July 2007. This plan describes procedures for inclusive public participation that ensures access to low-income and minority populations to the transit agency's activities and programs. PPP is included in the Appendix.

Construction Project

The City of Harrisonburg has not constructed a transit facility within the last three (3) years. There are currently no pending construction projects which would negatively impact minority communities being performed by HDPT.

Civil Rights Compliance Review Activities

HDPT had a Civil Rights Compliance Review during the 2018 Triennial Review. As part of the 2018 Triennial Review the following was recorded:

Finding: During this Triennial Review of HDPT, no deficiencies were found with the FTA requirements for Title VI. There have not been any other Title VI compliance reviews conducted by other local, state or federal agencies during the last three (3) years.

HDPT's Title VI Complaint Procedures

Any person who believes that he or she has been subjected to discrimination under Title VI on the basis of race, color or national origin may file a Title VI complaint with HDPT within 180 days from the date of the alleged occurrence. HDPT will process complaints that are complete.

Filing a Complaint with HDPT:

- Online: Complaints may be filed using our online form available at www.hdpt.com
- By Mail: Complaints may be filed with HDPT in writing and may be addressed to:

City of Harrisonburg Department of Public Transportation
Program Support Specialist, Senior
475 East Washington Street
Harrisonburg, Virginia 22802

HDPT will provide appropriate assistance to complainants who are limited in their ability to communicate in English.

Complaint Investigation

1. Written complaint received by the Program Support Specialist, Senior. A letter acknowledging the receipt of the complaint will be mailed to the complainant.
2. The complaint will be logged into the Civil Rights database by the Program Support Specialist, Senior and updated at each step.
3. Determine the acceptability, need for additional information and the investigative merit of the complaint. The Transit Director shall review the complaint and decide if other members of the department or other city departments are needed to evaluate the complaint.
4. Once the course of action is determined, the complainant will be notified in writing of the determination within ten (10) calendar days. Either a letter notifying the complainant that the complaint is substantiated or a letter notifying the complainant that the complaint is not substantiated will be mailed. If further explanation is needed the Complainant shall provide details in writing or in person as needed. Appeal information will also be sent.
5. A complaint is determined to be substantiated if following apply:
The complaint must be filed within 180 calendar days of the alleged occurrence or when the alleged discrimination became known to the complainant.
The allegation(s) must involve a covered basis such as race, color, national origin, disability, age or sex.
The allegation(s) must involve a program or activity that receives Federal financial assistance.
6. A complaint may be determined to be not substantiated for the following reasons:
The complaint does not fall within the guidelines of #5.
The complainant requests withdrawal of the complaint.
The complainant fails to respond to repeated requests for additional information needed to process the complaint.
The complainant cannot be located after reasonable attempts.
7. Within 45 days of the receipt of the complaint, the Program Support Specialist, Senior will prepare a written investigative report to be reviewed by HDPT staff and the City Attorney.
8. The report will be modified as needed and finalized for release to the parties. The complainant has the right to file a complaint with FTA within seven (7) calendar days of receipt of the final decision shall be included in the report.

HDPT will investigate all complaints received. HDPT shall have sixty (60) days from receipt of the written complaint to investigate the complaint and respond to the

complainant in writing with a determination. The complainant may appeal this determination to the Federal Transit Administration or the United States Department of Transportation within thirty (30) days of receipt of the determination.

FTA PROCESS: The letters of finding and resolution will offer the complainant and the recipient the opportunity to provide additional information that would lead FTA to reconsider its conclusions. In general, FTA requests that the parties in the complaint provide this additional information within 60 days of the date the FTA letter of finding was transmitted. After reviewing this information, FTA's Office of Civil Rights will respond either by issuing a revised letter of resolution or finding to the party, or by informing the party that the original letter of resolution or finding remains in force. FTA strives to transmit these letters within 30 to 60 days of receiving the complaint.

Filing a Complaint Directly to the U.S. Department of Transportation

A complaint may file a Title VI complaint with the U.S. Department of Transportation by contacting the Department at:

Federal Transit Administration
Office of Civil Rights
Attention: Title VI Program Coordinator
East Building, 5th Floor – TCR
1200 New Jersey Ave., SE
Washington, DC 20590

Title VI Complaint Form

The HDPT Title VI Complaint Form is included in the Appendix.

Complaint Database

The Civil Rights Complaint Database includes:

- The name and address of the person(s) filing the complaint
- Type of complaint: Title VI
- Date of the complaint, investigation or lawsuit
- The basis of the complaint
- Summary of the allegations
- Actions taken by HDPT
- Status of the complaint, investigation or lawsuit
- Date the complaint is considered to have been "resolved."

There have been no Title VI investigations, lawsuits, or complaints since the last submission of September 28, 2015. Program Status as of this submission: In Review – Under FTA Review.

Limited English Proficiency Plan (LEP)

REQUIREMENT TO PROVIDE MEANINGFUL ACCESS TO LEP PERSONS

Title VI and its implementing regulations require that FTA recipients take responsible steps to ensure meaningful access to the benefits, services, information, and other important portions of their programs and activities for individuals who are Limited English Proficient (LEP).

Executive Order 13166, titled ***Improving Access to Services for Persons with Limited English Proficiency***, indicates that differing treatment based upon a person's inability to speak, read, write or understand English is a type of national origin discrimination. It directs each agency to publish guidance clarifying their obligation to ensure that such discrimination does not take place. This order applies to all state and local agencies which receive federal funds, including all transit departments receiving federal grant funds.

The U.S. DOT's FTA Office of Civil Rights' publication "*Implementing the Department of Transportation's Policy Guidance Concerning Recipients' Responsibilities to Limited English Proficient Persons – A Handbook for Public Transportation Providers*" was used in the preparation of this plan.

Contents

This plan contains:

1. A needs assessment based on the four-factor analysis
2. Language assistance measures
3. A staff training plan
4. Providing notice to LEP persons
5. Methods for monitoring, evaluating and updating plan

LEP Needs Assessment – the Four-Factor Analysis

Factor 1 – Demography: Identifies the number or proportion of LEP Persons served and the languages spoken in the service area.

Provider: City of Harrisonburg					
Date Completed: November 2018		2016 Data – 5 Year Estimates			
Factor 1: NUMBER OR PROPORTION OF LEP's:					
Go to the U.S. Census website (www.census.gov) and list the racial make-up of each town or county you serve (number and percentage). (Enter the town or county name and state into the "population finder." Select "go." Select link for "fact sheet.")					
City / Town	White	Black or African American	American Indian or Alaska Native	Asian	Hispanic or Latino
City of Harrisonburg Total Population Estimate: 51,979	35,519	3,320	59	2,035	9,452
Dayton Total Population Estimate: 1,633	1,241	10	0	45	312
Bridgewater Total Population Estimate: 5,906	5,285	274	9	20	236

Data for Harrisonburg residents and their ability to speak English is shown in the table below:

Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates

S1601 LANGUAGE SPOKEN AT HOME		Harrisonburg city, Virginia					
2012-2016 American Community Survey 5-Year Estimates		Harrisonburg city, Virginia					
Subject	Total		Percent		Percent of specified language speakers		
					Speak English only or speak English "very well"		
	Estimate	Margin of Error	Estimate	Margin of Error	Estimate	Margin of Error	
Population 5 years and over	49,434	+/-43	(X)	(X)	43,252	+/-562	
Speak only English	37,447	+/-674	75.8%	+/-1.4	(X)	(X)	
Speak a language other than English	11,987	+/-670	24.2%	+/-1.4	5,805	+/-501	
SPEAK A LANGUAGE OTHER THAN ENGLISH							
Spanish	7,839	+/-329	15.9%	+/-0.7	3,444	+/-363	
5 to 17 years old	1,970	+/-122	4.0%	+/-0.2	1,693	+/-168	
18 to 64 years old	5,665	+/-292	11.5%	+/-0.6	1,683	+/-329	
65 years old and over	204	+/-108	0.4%	+/-0.2	68	+/-75	
Other Indo-European languages	1,901	+/-539	3.8%	+/-1.1	1,176	+/-401	
5 to 17 years old	342	+/-163	0.7%	+/-0.3	241	+/-131	
18 to 64 years old	1,403	+/-438	2.8%	+/-0.9	875	+/-344	
65 years old and over	156	+/-71	0.3%	+/-0.1	60	+/-50	
Asian and Pacific Island languages	1,190	+/-238	2.4%	+/-0.5	747	+/-162	
5 to 17 years old	194	+/-91	0.4%	+/-0.2	139	+/-86	
Subject	Total		Percent		Percent of specified language speakers		
					Speak English only or speak English "very well"		
	Estimate	Margin of Error	Estimate	Margin of Error	Estimate	Margin of Error	
18 to 64 years old	961	+/-188	1.9%	+/-0.4	585	+/-124	
65 years old and over	35	+/-39	0.1%	+/-0.1	23	+/-36	
Other languages	1,057	+/-331	2.1%	+/-0.7	438	+/-175	
5 to 17 years old	189	+/-121	0.4%	+/-0.2	68	+/-63	
18 to 64 years old	835	+/-247	1.7%	+/-0.5	370	+/-152	
65 years old and over	33	+/-33	0.1%	+/-0.1	0	+/-28	
CITIZENS 18 YEARS AND OVER							
All citizens 18 years old and over	38,750	+/-503	(X)	(X)	37,147	+/-497	
Speak only English	34,213	+/-568	88.3%	+/-1.2	(X)	(X)	
Speak a language other than English	4,537	+/-503	11.7%	+/-1.2	2,934	+/-450	
Spanish	2,668	+/-458	6.9%	+/-1.1	1,456	+/-309	
Other languages	1,869	+/-377	4.8%	+/-1.0	1,478	+/-348	
Subject	Total		Percent		Percent of specified language speakers		
					Speak English only or speak English "very well"		
	Estimate	Margin of Error	Estimate	Margin of Error	Estimate	Margin of Error	
Population 5 years and over	87.5%	+/-1.1	6,182	+/-562	12.5%	+/-1.1	
Speak only English	(X)	(X)	(X)	(X)	(X)	(X)	
Speak a language other than English	48.4%	+/-3.4	6,182	+/-562	51.6%	+/-3.4	
SPEAK A LANGUAGE OTHER THAN ENGLISH							
Spanish	43.9%	+/-4.1	4,395	+/-358	56.1%	+/-4.1	
5 to 17 years old	85.9%	+/-6.7	277	+/-133	14.1%	+/-6.7	
18 to 64 years old	29.7%	+/-5.5	3,982	+/-359	70.3%	+/-5.5	
65 years old and over	33.3%	+/-30.1	136	+/-83	66.7%	+/-30.1	
Other Indo-European languages	61.9%	+/-10.6	725	+/-280	38.1%	+/-10.6	
5 to 17 years old	70.5%	+/-20.8	101	+/-83	29.5%	+/-20.8	
18 to 64 years old	62.4%	+/-12.2	528	+/-219	37.6%	+/-12.2	
65 years old and over	38.5%	+/-25.3	96	+/-54	61.5%	+/-25.3	
Asian and Pacific Island languages	62.8%	+/-9.9	443	+/-166	37.2%	+/-9.9	
5 to 17 years old	71.6%	+/-29.9	55	+/-64	28.4%	+/-29.9	
18 to 64 years old	60.9%	+/-10.3	376	+/-140	39.1%	+/-10.3	
65 years old and over	65.7%	+/-61.7	12	+/-23	34.3%	+/-61.7	
Other languages	41.4%	+/-16.3	619	+/-299	58.6%	+/-16.3	
5 to 17 years old	36.0%	+/-29.3	121	+/-99	64.0%	+/-29.3	
18 to 64 years old	44.3%	+/-16.8	465	+/-220	55.7%	+/-16.8	
65 years old and over	0.0%	+/-51.6	33	+/-33	100.0%	+/-51.6	
CITIZENS 18 YEARS AND OVER							
All citizens 18 years old and over	95.9%	+/-1.0	1,603	+/-385	4.1%	+/-1.0	
Speak only English	(X)	(X)	(X)	(X)	(X)	(X)	
Speak a language other than English	64.7%	+/-7.3	1,603	+/-385	35.3%	+/-7.3	
Spanish	54.6%	+/-9.5	1,212	+/-363	45.4%	+/-9.5	
Other languages	79.1%	+/-8.2	391	+/-165	20.9%	+/-8.2	

Factor 2: Frequency identifies the frequency staff encounters LEP persons.

LEP persons are persons identified as speaking English less than very well, not well or not at all. Just because a person speaks a language other than English doesn't mean they don't speak English or are identified as LEP.

Interviews with drivers, dispatchers and city staff about contact with LEP persons were used to determine that the procedures currently in place are sufficient for HDPT in serving LEP persons. HDPT has an increasingly diverse team of drivers who speak many different languages. Drivers utilize fellow coworkers in the field to assist non-English speaking passengers. The City of Harrisonburg recognizes the value of having bi-lingual or multi-lingual employees by having an incentive program that tests their proficiency. A passing score of the language proficiency test entitles that employee to an hourly wage increase. Drivers and dispatchers report very little contact with LEP persons during operations. During training drivers are instructed to pass a schedule in Spanish to the passenger so they can show the driver their destination. Virginia Relay service is used when communicating with hearing impaired riders. In an ongoing effort to meet the present and future needs of the community, HDPT staff will continue to identify LEP individuals in our service area. To date, HDPT has had one request for an interpreter.

Factor 3: The Importance to LEP Persons of our programs, activities and services:

HDPT considers transit to be an increasingly important and essential service for many people living in our service area. Our goal is to continue to communicate with Human Service Organizations, Medical Organizations and Community Programs in our area to identify any LEP person's inability to utilize effectively public transportation that may adversely affect his or her ability to obtain health care, education, or access to employment.

Factor 4: The Resources Available to HDPT and Cost to Deliver LEP Program:

HDPT is a small urban recipient with a limited budget. Using community resources and technological advances available, with limited staff we have been able to meet the needs of LEP persons in the City of Harrisonburg transportation area. The department has used interpretation services once.

Language Assistance Measures

Language assistance measures currently used and planned to be used:

- Continue to produce Bus Schedules and maps in Spanish in print and on our website
- Continue to produce Large Print Schedules
- Provide instructions to vehicle operators and dispatch who regularly interact with the public on how to respond to an LEP customer as needed (new hire, departmental meetings). Drivers interviewed said they are usually able to ask another passenger on the bus to help them understand or point to the routes or destination on the schedule. Community service groups also help passengers by writing their destination on paper to give to the bus drivers.

HDPT Operator Training Plan

HDPT Operators should know their obligations to provide meaningful access to information and services for LEP persons.

The following training will be provided to all staff:

- Information on the Title VI Policy and LEP responsibilities.
- Description of language assistance services offered to the public.
- Documentation of language assistance requests.
- How to handle a potential Title VI/LEP complaint.
- HDPT staff will also take advantage of any “outside” training provided by FTA, Virginia Department of Rail and Public Transportation, MPO or the City.

City of Harrisonburg – City Council

The City Council is the elected governing body of the City of Harrisonburg and is made up of five members elected at-large.

Providing Notice to LEP Persons

HDPT will continue to follow the following measures to notify LEP persons of language assistance services available:

- HDPT will work with community-based organizations and other stakeholders to inform LEP individuals of HDPT’s services;
- Provide Spanish copies of the Bus Schedule at dispatch and on the buses;
- Provide Spanish translation of the HDPT website.

Methods for Monitoring, Evaluating and Updating the Plan

HDPT will update the LEP Plan as needed. Updates will be submitted to FTA as part of the Title VI submission every three years. At a minimum, the plan will be reviewed annually and updated because of the review or when it is clear that higher concentrations of LEP individuals are present in the area served. Monitoring and evaluating the plan will allow HDPT to track outreach efforts to help improve future efforts. Updates will include the following:

- Information from drivers and dispatchers to evaluate if the number of LEP person contacts encountered is increasing.
- How the needs of LEP persons have been addressed based on feedback received.
- Determination of the current LEP population in the service area by using census data.
- Determination as to whether the need for translation services has changed.
- Determine whether local language assistance programs have been effective and sufficient to meet the need.
- Determine whether HDPT fully complies with the goals of this LEP Plan.
- Determine whether complaints have been received concerning the agency's failure to meet the needs of LEP individuals.
- Maintain a Title VI complaint log, including LEP to determine issues and basis of complaints. This log will be maintained as part of the Civil Rights Database.

This LEP Plan is available at no cost in English upon request by telephone, fax, mail or in person. If requested to be provided in another language and it is feasible to have it translated, it shall be provided at no cost to the requestor.

HDPT will post signs at conspicuous and accessible locations notifying LEP persons of the LEP Plan.

APPENDIX

LANGUAGE ASSISTANCE SERVICES – CONNECTING TO AN INTERPRETER
TITLE VI COMPLAINT FORM
SAMPLE LETTER: ACKNOWLEDGING RECEIPT OF COMPLAINT
SAMPLE LETTER: NOTIFYING COMPLAINANT THAT THE COMPLAINT IS SUBSTANTIATED
SAMPLE LETTER: NOTIFYING COMPLAINANT THAT THE COMPLAINT IS NOT SUBSTANTIATED
NOTIFYING THE PUBLIC OF RIGHTS
PUBLIC NOTICE - ANNUAL POP PUBLIC NOTICES
PUBLIC PARTICIPATION PLAN

INTERPRETERS AVAILABLE

You have access to interpretation services 24/7 at no personal cost to you.

This chart includes languages commonly spoken in your community, additional languages are available.

English: Do you speak [language]?

We will provide an interpreter at no personal cost to you.

Spanish ¿Habla español? Le proporcionaremos un intérprete sin costo alguno para usted.
Español

Arabic هل تتحدث اللغة العربية؟ سوف نوفر لك مترجماً فورياً بدون أي تكلفة عليك.
اللغة العربية

Russian Вы говорите по-русски? Мы абсолютно бесплатно предоставим вам переводчика.
Русский

Kurdish به کوردی دەدوینیت؟ نیمه وەرگێرت بۆ دەستبەسەر دەکەین بەخۆراییی.
کوردی

Swahili Je, unazungumza Kiswahili? Tutakupatia mkalimani bila gharama yoyote kwako.
Kiswahili

Urdu کیا آپ اردو بولتے ہیں؟ ہم بغیر آپ کے ذاتی لاگت کے آپ کے لئے ترجمان فراہم کریں گے۔
اردو

Mandarin 您讲国语吗？我们将免费为您提供翻译。
中文

Japanese 日本語を話しますか？個人的な負担なしで通訳を提供致します。
日本語

Korean 한국어를 사용하십니까? 무료로 통역 서비스를 제공해 드리겠습니다.
한국어

French Parlez-vous français ? Nous vous fournirons gratuitement un interprète.
Français

German Sprechen Sie Deutsch? Wir stellen Ihnen unentgeltlich einen Dolmetscher zur Verfügung.
Deutsch

Persian فارسی صحبت می کنید؟ یک مترجم شفاهی رایگان بر اختیاری شما قرار خواهیم داد.
فارسی

Employees are instructed to call Non-Emergency ECC for connection to an interpreter

Title VI Complaint Form

Harrisonburg Department of Public Transportation (HDPT) Title VI Complaint Procedure is made available in the following locations: *(check all that apply)*

- ✓ Agency website, either as a reference in the Notice to Public or in its entirety
 - ✓ Hard copy in HDPT's Administrative Office
 - ✓ Available in appropriate languages for LEP populations.
-

This form is designed to assist you in filing a Title VI complaint with HDPT. You are not required to use this form, your complaint may be filed in any manner, such as a letter, that contains the same information. However, for HDPT to perform a complete investigation, it is important to include all of the information that this form asks for.

SECTION I:

Name: _____

Address: _____

Home Telephone: _____ Cell or Alternate Telephone: _____

SECTION II:

Are you filing this complaint on your own behalf? Yes No

If you answered "Yes" go to Section III.

Name of person discriminated against if other than yourself:

Please explain why you are filing for a third party: _____

Please confirm that you have obtained permission to file on this person's behalf: Yes No

SECTION III:

Have you filed this complaint with any other agency : Yes No

If you answered "Yes" please provide the following:

Name of agency: _____

Address: _____

Contact Person: _____

Telephone Number: _____

SECTION VIII:

Were there any other witnesses to this incident? Yes No

Name: _____

Address: _____

Telephone: _____

SECTION IX:

Is there any other information that you would like to provide to assist us in our investigation of this incident:

SECTION X:

What remedy would you like HDPT to consider?

Signature

Date

NOTE: COMPLAINT WILL NOT BE ACCEPTED WITHOUT A SIGNATURE.

HDPT's Title VI Officer will investigate all complaints. At the conclusion of our investigation we will send a letter of finding to the complainant. If our investigation determines that we were not in violation of Title VI, our letter will explain why we were in compliance. If it is determined that there was a violation of Title VI, our letter will document the violation and the action that HDPT will take to become compliant.

No one may intimidate, threaten, coerce, or engage in other discriminatory conduct against anyone because he or she has filed a complaint to secure rights protected by the nondiscrimination statutes we enforce. Any individual alleging such harassment or intimidation may file a complaint with HDPT or the Federal Transit Administration.

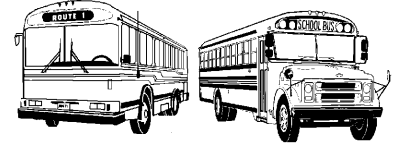
Please submit this form in person at the address below, or mail this form to:

Harrisonburg Department of Public Transportation
Program Support Specialist, Senior
475 E. Washington Street
Harrisonburg, Va 22802



**CITY OF HARRISONBURG
PUBLIC TRANSPORTATION DEPARTMENT**

475 East Washington St.
Harrisonburg, VA 22802
Phone (540) 432-0492
Fax (540) 432-0495
www.hdpt.com



November 5, 2018

Letter Acknowledging Receipt of Complaint

Ms. Jo Doe
1234 Vine St.
Harrisonburg, Virginia 22802

Dear Ms. Doe:

This letter is to acknowledge receipt of your complaint against the City of Harrisonburg Department of Public Transportation alleging _____.

An investigation will begin shortly. If you have additional information you wish to convey or questions concerning this matter, please feel free to contact this office by telephoning 540-217-4783, or write to me at 475 East Washington Street, Harrisonburg, Virginia, 22802.

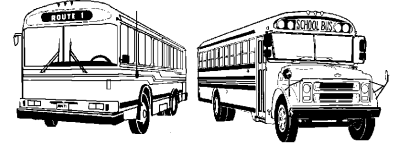
Sincerely,

Cheryl Spain
Program Support Specialist



**CITY OF HARRISONBURG
PUBLIC TRANSPORTATION DEPARTMENT**

475 East Washington St.
Harrisonburg, VA 22802
Phone (540) 432-0492
Fax (540) 432-0495
www.hdpt.com



November 2, 2018

Letter Notifying Complainant that the Complaint Is Substantiated

Ms. Jo Doe
1234 Vine St.
Harrisonburg, Virginia 22802

Dear Ms. Doe:

The matter referenced in your letter of _____ (date) against the *City of Harrisonburg Department of Public Transportation* alleging Title VI violation has been investigated.

(An/Several) apparent violation(s) of Title VI of the Civil Rights Act of 1964, including those mentioned in your letter (was/were) identified. Efforts are underway to correct these deficiencies.

Thank you for calling this important matter to our attention. You were extremely helpful during our review of the program. ***(If a hearing is requested, the following sentence may be appropriate.)*** You may be hearing from this office, or from federal authorities, if your services should be needed during the administrative hearing process.

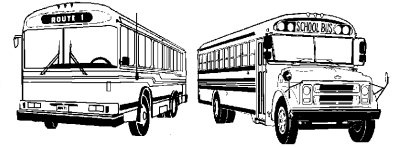
Sincerely,

Cheryl Spain
Program Support Specialist



**CITY OF HARRISONBURG
PUBLIC TRANSPORTATION DEPARTMENT**

475 East Washington St.
Harrisonburg, VA 22802
Phone (540) 432-0492
Fax (540) 432-0495
www.hdpt.com



November 2, 2018

Letter Notifying Complainant that the Complaint Is Not Substantiated

Ms. Jo Doe
1234 Vine St.
Harrisonburg, Virginia 22802

Dear Ms. Doe:

The matter referenced in your complaint of _____ (date) against the *City of Harrisonburg Department of Public Transportation (HDPT)* alleging _____ has been investigated.

The results of the investigation did not indicate that the provisions of Title VI of the Civil Rights Act of 1964, had in fact been violated. As you know, Title VI prohibits discrimination based on race, color, or national origin in any program receiving federal financial assistance.

HDPT has analyzed the materials and facts pertaining to your case for evidence of the HDPT's failure to comply with any of the civil rights laws. There was no evidence found that any of these laws have been violated.

I therefore advise you that your complaint has not been substantiated, and that I am closing this matter in our files.

You have the right to appeal within seven calendar days of receipt of this final written decision from *HDPT*, and/or file a complaint externally with the U.S. Department of Transportation Federal Transit Administration at:

Federal Transit Administration
Office of Civil Rights
Attention: Civil Rights Coordinator
East Building, 5th Floor-TCR
1200 New Jersey Ave., SE
Washington, DC 20590

Thank you for taking the time to contact us. If I can be of assistance to you in the future, do not hesitate to call me.
Sincerely,

Cheryl Spain
Program Support Specialist

NOTIFYING THE PUBLIC OF RIGHTS

THE CITY OF HARRISONBURG DEPARTMENT OF PUBLIC TRANSPORTATION

The City of Harrisonburg Department of Public Transportation operates its programs without regard to race, color, and national origin in accordance with Title VI of the Civil Rights Act.

Any person who believes they have been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with the City of Harrisonburg Department of Public Transportation.

For more information on the City of Harrisonburg Department of Public Transportation civil rights program, the obligations, and procedures to file a complaint, contact 540-432-0492, (TTY 7-1-1), email Cheryl.Spain@harrisonburgva.gov ; visit our administrative office at 475 East Washington Street, Harrisonburg, VA 22802, or our website: www.hdpt.com

If information is needed in another language, contact, 540-432-0492



NOTIFICAR AL PÚBLICO DE LOS DERECHOS

EL TRANSPORTE DE DEPARTAMENTO DE PÚBLICO DE LA CIUDAD DE HARRISONBURG

La ciudad de Harrisonburg Departamento de transporte público opera sus programas sin distinción de raza, color y origen nacional con arreglo al título VI de la ley de derechos civiles.

Cualquier persona que cree que han sido ofendidos por cualquier práctica discriminatoria ilegal bajo el título VI puede presentar una queja con la ciudad de Harrisonburg Departamento de transporte público.

Para obtener más información sobre la ciudad de Harrisonburg Departamento de transporte público programa de derechos civiles, las obligaciones y procedimientos para presentar una queja, póngase en contacto con 540-432-0492, (TTY 7-1-1),

Cheryl.Spain@harrisonburgva.gov ; visite nuestra oficina

administrativa en 475 East Washington Street, Harrisonburg, VA 22802, o nuestra página web: www.hdpt.com

Si información es necesitada en otro idioma, contacto, 540-432-0492



Wednesday, May 27, 2015 **B9**

HRMPO PUBLIC NOTICE

The Harrisonburg-Rockingham Metropolitan Planning Organization (HRMPO) hereby releases for public comment the FY15-18 Transit TIP Amendment and the FY15-18 Highway TIP Amendment. Copies of the two TIP Amendments may be reviewed on the HRMPO website at www.hrvampo.org, public notice section or call 540-885-5174. Written comments may be submitted to HRMPO Administrator, 112 MacTanly Place, Staunton, VA 24401 or via e-mail bonnie@cspdc.org by 5:00 p.m., June 17, 2015. The HRMPO will be voting to approve the TIP Amendments at their meeting on June 18, 2015, at the Rockingham County Administration Center, 20 East Gay Street, Harrisonburg, Virginia. The public is welcome to attend. The HRMPO ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you have questions or concerns about your civil rights in regards to this program, or if special assistance for persons with disabilities or limited English proficiency is required, please contact the HRMPO at 540-885-5174. Sign language or non-English language interpreters will be provided if needed and requested in advance of any meeting by contacting the HRMPO. Public notice of public involvement activities and time established for the public review and comments on the TIP will satisfy the Program of Projects requirements.

5/27

DE INTERES ...

ASEGURAN QUE REAPARECIÓ EL "CHUPACABRAS"

Nicaragua: Campesinos de la región occidental de Nicaragua reportaron la supuesta aparición de un extraño animal conocido como "chupacabras", que se ha cobrado la vida de varios carneros y cabras de la zona.

Según la oficialista "Nueva Radio Ya", pobladores del municipio de Malpaisillo, provincia de León (oeste) aseguran que el temido "chupacabras" ha vuelto a azotar las comunidades rurales de Nicaragua tras 15 años de ausencia. Según la radio, la policía se presentó al lugar y no encontró rastros de sangre ni de otro animal o ser humano que pudiese haber matado a las cabras.

El famoso "chupacabras" es un mítico animal parecido a un perro y del tamaño de un oso pequeño, que supuestamente ataca a carneros, cabras y ovejas hasta matarlos succionándoles la sangre como lo



harían los vampiros.

La supuesta presencia del "chupacabras" fue reportada por primera vez en 1995 en Puerto Rico y luego fue visto, entre otros países, en Nicaragua, Costa Rica, Honduras, Colombia, México, Rusia, Filipinas, Estados Unidos y Chile, donde un grupo de música hip hop hasta le compuso una canción

Los campesinos reportaron que pobladores del municipio de Malpaisillo hallaron ocho cabras muertas en la

finca El Genízaro, a unos 134 kilómetros de la capital, donde otras cuatro desaparecieron, lo que les hace pensar que el "chupacabras" ha vuelto.

La policía no encontró rastros de sangre ni de otro animal o ser humano que pudiese haber matado a las cabras. Se dice que el "chupacabras" tiene apariencia de perro, es del tamaño de un oso pequeño, y succiona la sangre de carneros, cabras y ovejas hasta dejarlos sin vida.

EL FRUCTÍFERO NEGOCIO DE LA INFIDELIDAD 2.0

Los sitios web de citas especializadas en personas casadas o comprometidas en una relación empiezan a extenderse. Sus propios datos y diversos estudios muestran que la infidelidad puede ser un negocio extremadamente rentable.

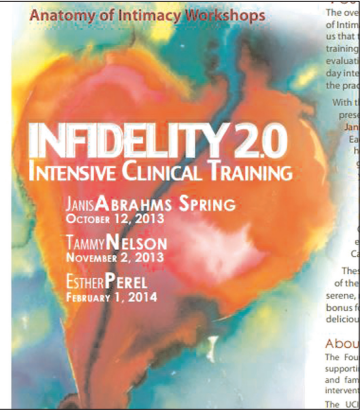
Noel Biderman habla como un director ejecutivo de tecnología al uso: salpica su discurso de palabras como "rupturista" y, por supuesto, su start-up no es sólo un negocio, sino un instrumento de "impacto social".

"Estoy facilitando que las mujeres se igualen a los hombres", dice sobre AshleyMadison.com, una página de internet que creó en 2001.

Biderman, un antiguo abogado deportivo que dice que a menudo se vio obligado a tratar con las consecuencias de las aventuras de sus clientes, insiste en que está ayudando a las mujeres a equipararse con los hombres.

Y no se refiere a darles el mismo salario o más formación, sino a posibilitarles que los engañen tanto como ellos lo hacen.

"Hay un gran negocio, desde burdeles a agencias, que



se dirige a los hombres. Yo realmente quería enfocarme hacia el lado femenino de la ecuación", asegura.

Es por lo que él bautizó a su página Ashley Madison, dos de los nombres de niñas más populares en EE.UU en el momento.

Sea cual sea la opinión sobre esta propuesta igualitaria, su apuesta a que la infidelidad puede ser rentable parece correcta: la compañía, que permite a las mujeres usar el portal de manera gratuita pero cobra a los hombres por crear perfiles y enviar mensajes, consiguió US\$150 millones de ingresos en 2014.

Pero, ¿alguien querría invertir públicamente en infidelidad?

Esta no es la primera vez

que el grupo que maneja esta web, Avid Media Life (que dirige otros sitios de citas) ha tratado de sacar acciones al mercado.

En 2011, la compañía intentó hacerlo en Toronto (Canadá) pero se vio obligada a retirarse cuando la Bolsa de la ciudad y los inversores se resistieron a la propuesta.

La web se encuentra ahora en 46 países y cuenta con 30 millones de miembros a nivel mundial.

Biderman ahora piensa que Londres sería una mejor apuesta, porque es una ciudad que se siente más cómoda con "el pecado o los negocios controvertidos".

Se está refiriendo a que Ashley Madison es el portal para engañar a los esposos. Su lema es poco sutil: "La vida es corta. Ten una aventura".

Manuel Montevidoni, director financiero de Gleeden no entiende por qué Ashley Madison busca financiación, pero apoya sus esfuerzos.

En su opinión, su campaña puede concienciar a la sociedad de la ubicuidad de la infidelidad y permitirá un mejor conocimiento de lo que defienden ambas empresas: que es un aspecto fundamental no sólo del matrimonio sino de la naturaleza humana.

"Estamos demostrando a la sociedad algunos datos recién descubiertos que pueden hacerles pensar diferente acerca de las leyes y la monogamia", dice por su parte Biderman.

"Un profundo legado que hay que dejar atrás", concluye.

'WOLF' ERUPCIONA LUEGO DE 33 AÑOS

El volcán Wolf, el más alto del archipiélago de Galápagos y que está situado en el norte de la isla Isabela, empezó un proceso eruptivo la madrugada del lunes con expulsión de flujos de lava, luego de 33 años de inactividad.

El Parque Nacional Galápagos (PNG) indicó a través de su cuenta de Twitter que la "erupción aún no representa riesgo para operaciones turísticas por lo que no se ha cerrado sitios cercanos al vol-

cán".

Explicó que cerca del volcán no existen asentamientos humanos y que las poblaciones de iguanas rosadas, amarillas y de tortugas gigantes, ubicadas al otro lado de la erupción podrían no verse afectadas.

En tanto, la información del Instituto Geofísico (IG) indica que existen "varios flujos de lava" descendiendo por los flancos sur y sureste del volcán "avanzando hacia la orilla del mar".

Dadas las direcciones de las columnas de erupción que se registran al momento "estas podrían pasar sobre la población de Puerto Villamil eventualmente dando lugar a la caída de productos volcánicos finos", alertó el Geofísico. La Secretaría Nacional de Gestión de Riesgos indicó en su cuenta de Twitter que hasta el momento "no existe afectación a población".

La última erupción del volcán se registró en agosto de 1982.

¿UNA COPA DIARIA O BORRACHERA EL FIN DE SEMANA?



Para aquellos bebedores que aún no saben qué es peor para la salud, si es mejor tomarse unos tragos diarios o una gran borrachera el fin de semana (dejando descansar al hígado seis días), dos

médicos gemelos, que conducen el programa Horizon de la BBC, pusieron ambas teorías a prueba con sus propios cuerpos durante dos meses. La conclusión: las dos son igual de perjudiciales.

Los protagonistas del experimento fueron los médicos Christopher y Alexander van Tulleken (Chris y Xand), quienes realizan programas educativos de televisión en los que se someten a condiciones extremas para entender y explicar cómo funciona el cuerpo humano.

El primer paso, según el artículo de la BBC Mundo, ambos se sometieron a una limpieza

Antes de las pruebas, analizaron las guías de consumo de alcohol establecidas por el Servicio Nacional de Salud de Reino Unido (NHS), que recomiendan que aquellos que beben a diario no deben consumir más de tres tragos, dos cervezas o dos copas de vino. En cambio, aquellos que beben intensamente en una sola sentada, se les aconseja evitar el alcohol mínimo 48 horas. La principal conclusión

en esta etapa previa fue que la guía no tiene muchas bases científicas. La razón: el volumen etílico fluctúa según la variedad de la bebida.

La primera etapa del experimento para ambos médicos fue permanecer un mes sin ingerir licor. Esto con el fin de limpiar su organismo, para tener condiciones similares antes de empezar a ingerir licor. Pasado este tiempo, les practicaron pruebas médicas y de sangre para determinar que tenían un hígado saludable.

Superada esta fase, empezaron a beber. A Chris le correspondió ingerir 250 mililitros de vino todos los días durante un mes. A Xand, por su parte, le correspondió tomar el fin de semana, en una sentada, 21 tragos de vodka (que equivalen a tres cuartos de botella).

"Las lecturas que se tomaron de su sangre, particularmente unas horas después de que se fue a dormir, indicaban niveles que podrían causar la muerte por intoxicación etilica, según los textos especializados", dice el artículo de la BBC.

Mientras Xand pasaba seis días de recuperación, su hermano Chris seguía con su rutina de tres unidades diarias, repartiendo el consumo a lo largo del día, tomando una

copa de vino con el almuerzo, por ejemplo, y la otra en la noche. El principal efecto, según el médico, fue que sintió que no rendía tanto en su trabajo.

En contraste, Xand empezó a esperar con ahínco sus noches de borrachera tras seis días de recuperación. Sin embargo, las embriagadas no le hacían nada bien y seguían afectándolo por varios días. Nunca se recuperó entre una sesión y otra de intenso consumo, señala el artículo.

El resultado médico final, tras un mes de experimento, fue que el hígado de ambos estaba casi igual de deteriorado. "Las conclusiones: en primer lugar, las guías sobre las 3 a 4 unidades para un hombre como límite "saludable" deben revisarse. Eso es algo que se ha estado analizando en Reino Unido, con nuevas guías que serán anunciadas este verano. Segundo, nuestros hígados pueden recuperarse, pero necesitan mucho más tiempo del que se pensaba. La situación es tan clara que lo médicos que asistieron a la prueba para el programa de la BBC lanzaron un amplio estudio clínico al respecto, midiendo los efectos de una total abstinencia durante un mes con más de 100 voluntarios", concluyó el informe.

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Gran selección de productos de nuestros países
Visítenos para tener el gusto de atenderlo y si no tenemos lo que busca, lo tendremos para su próxima visita
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HORARIO: Lunes, Domingo 8:00 am -10:00 pm
259 Ridge/Mcintire Rd. Charlottesville, VA 22903 • TEL:(434) 295-0024

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ESTAMOS PARA SERVIRLE!
128 E. Main St, Front Royal VA
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HRMPO PUBLIC NOTICE
Harrisonburg-Rockingham Metropolitan Planning Organization (HRMPO) decide las emisiones para el comentario público del FY15-18 Tránsito TIP Enmienda y la FY15-18 Carretera TIP Enmienda. Las copias de las dos enmiendas del TIP se pueden revisar en la página web de HRMPO en www.hrvampo.org, sección aviso público o llame 540-885-5174. Los comentarios escritos pueden enviarse al administrador de HRMPO, 112 MacTanly Place, Staunton, VA 24401 o vía e-mail bonnie@espdc.org de las 5:00 pm, 17 de junio de 2015. El HRMPO votará para aprobar las enmiendas del TIP en su reunión del 18 de junio de 2015, en el Centro del Condado de Rockingham Administración, 20 East Gay Street, Harrisonburg, Virginia. El público está invitado a asistir. El HRMPO garantiza la no discriminación y la igualdad de empleo en todos los programas y actividades, de conformidad con el Título VI y el Título VII de la Ley de Derechos Civiles de 1964. Si usted tiene preguntas o inquietudes acerca de sus derechos civiles en lo que respecta a este programa, o si se requiere ayuda especial para las personas con discapacidades o dominio limitado del inglés, por favor póngase en contacto con el HRMPO al 540-885-5174. El lenguaje de señas o intérpretes de lengua no inglesa serán proporcionados si es necesario y se solicita con antelación de cualquier reunión contactando al HRMPO. Anuncio público de las actividades de participación pública y de tiempo establecidos para la revisión y comentarios del público sobre el TIP satisfaga el Programa de las necesidades de Proyectos.

El respeto a lo ajeno implica conocer y sentir que no se debe disponer de lo que no es propio, y si en un momento determinado necesitamos de algo que no es nuestro, no podemos tomarlo si no contamos con la aprobación de su dueño
Pero es también algo más.
Es saber apreciar, reconocer y cuidar el trabajo de los demás, como por ejemplo no destruir los bienes materiales que realizan otras personas y de los cuales nosotros nos servimos, tal como la limpieza de la ciudad, el cuidado de los árboles del parque, etc.

SUPER CLASIFICADOS
AUCTIONS Three Day Auction -1500+ Items May 29-31 Lifetime Collection (Bill Lane) 3212 Hull Street Road, Richmond, VA, 23224. Rare Bicycles, Tricycles, Toys, Wild West. Advertising signs www.tilmansauction.com information, VAL #348
REAL ESTATE AUCTION. Bland Co., VA. 52+/- acres joining National Forest, offered in 4 tracts, with a log home and long frontage on Little Walker Creek. 2 Guest cabins, 4-stall horse barn, 2 equipment sheds and garage. Tax assessment \$500,100. Property being offered to highest bidder over \$349,000. Auction held on June 12 at 4 PM at Little Creek Volunteer Fire Department. 5% Buyer's Premium. For information, visit www.woltz.com or call Woltz & Associates, Inc. (VA#321) Real Estate Brokers & Auctioneers, 800-551-3588. EBDLOCAL.com presents 5 STATEWIDE LIQUIDATION AUCTIONS ONLINE NOW: 1. Bull and Bear Club (Richmond VA), 2. Manhattan Men's Store (Richmond VA), 3. Estate Moving Sale (Winchester VA), 4. Estate Moving Sale (Richmond VA), 5. Estate Sale (Farnham VA). Preview & Ending Dates & Bidding Info online now: www.EBDLOCAL.com (804-358-0500, vaf#777)
FORECLOSURE SALE 4.46±AC. Waterfront, Corotoman River. 3,561±SF, 4BR/4BA Home. 366 Grand Villa Dr., Weems, VA. SALE HELD: THURS., 6/11 @ 11AM. Lancaster Co. Courthouse www.motleys.com o 1-877-MOTLEYS VA16 EHO
REAL ESTATE AUCTION 2- Commercial Buildings on 2.5-Acres; Over 11,000 sq. ft. Total. Friday, June 19 @ 12pm. 6004 Richmond Road, Warsaw, VA 22572. Preview 5/29 & 6/5, 12-2 p m
www.AtlanticCoastAuctions.com m 804-761-6751 VAA#795
ATTENTION AUCTIONEERS: Advertise your upcoming auc-
tions in Virginia Newspapers for one low cost of \$300. Your 25 word classified ad reaches OVER ONE MILLION Virginians! Call this paper or Adriane Long at 804-521-7585 (Virginia Press Services).
BUSINESS OPPORTUNITIES ATTN: Computer Work. Work from anywhere 24/7. Up to \$1,500 Part Time to \$7,500/mo. Full Time. Training provided. www.WorkServices23.com
EDUCATION / HELP WANT-ED
Vacancies: (1) Director of Accountability and Research (2) Elementary Assistant Principal, (PreK-4). To apply for this position visit our website at www.pecps.k12.va.us and complete the online application. Selected applicants will be invited for an interview. Closing date: Until filled. (Prince Edward County Public Schools, 35 Eagle Drive, Farmville, Virginia 23901 - 434-315-2100 ext. 3533) EOE
EDUCATION / TRAINING Medical Billing Trainees Needed! Train to become a Medical Office Assistant. No Experience Needed! Training & Job Placement available at CTI! HS Diploma/GED & Computer needed. 1-888-424-9419
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NEED CDL DRIVERS??? ADVERTISE YOUR TRUCK DRIVER JOBS in Virginia Newspapers for one low cost of \$300. Your 25 word classified ad reaches OVER ONE MILLION Virginians! Call this paper or Adriane Long at 804-521-7585 (Virginia Press Services.)
LOTS AND ACREAGE 11 ACRE HOMESITE - Open meadow watered by spring branch, woods in back, nice view, great neighborhood, 20 minutes south of Staunton. \$99,900 - owner financing 540-487-0480
LIVE AND PLAY - Enjoy access to gorgeous, unspoiled private lake - community tennis court. 2-acre wooded parcel between Lynchburg and Richmond. \$32,900. Owner financing. 434-534-5161
SMITH MOUNTAIN LAKE - WATERFRONT on Upper Blackwater River. 1.6 acres, wooded, septic approved. MOBILE HOME OR DOUBLEWIDE ALLOWED. \$49,900 and I'll finance! 540-294-3826
SOUTHERN FRANKLIN COUNTY - open acre lot with perc, OK for mobile home. Paved road front. \$19,900 and I'll finance. 540-294-3826
MISCELLANEOUS AVIATION Grads work with JetBlue, Boeing, NASA and others - start here with hands on training for FAA certification. Financial aid if qualified. Call Aviation Institute of Maintenance 888-245-9553.
SERVICES
DIVORCE - Uncontested, \$350 + \$88 court cost. No court appearance. Estimated completion time twenty-one days. All telephone inquiries welcome - no obligation. Hilton Oliver, Attorney. 757-490-0126. Se Habla Español.

NOTICIA PUBLICA DEL H.R.M.P.O.

La Junta directiva de Harrisonburg-Rockingham Metropolitan Planning Organization (HRMPO) por este medio comunica sobre los comentarios públicos de la enmienda al FY17 de Tránsito "TIP" y una enmienda al Plan de Transporte de Largo Alcance determinado en HRMPO 2035. Las copias de ambas modificaciones se pueden revisar en línea en www.hrvampo.org o en persona llamando al administrador HRMPO al 540-885-5174 para obtener una lista de lugares en toda la región donde está disponible.

Si desea enviar sus comentarios por escrito, o tiene preguntas sobre estos documentos, o le gustaría una copia digital de los documentos, o si desea solicitar una audiencia pública, puede hacerlo poniéndose en contacto con el Administrador HRMPO en 112 Place MacTanly, Staunton, VA 24401, por teléfono al 540-885-5174, o por e-mail a bonnie@cspdc.org. Para solicitar una audiencia pública, en contacto con la oficina CSPDC más tardar el miércoles, 15 de junio de 2016. El periodo de comentario público cierra a las 17:00 el miércoles 22 de junio de 2016

El HRMPO garantiza la no discriminación y la igualdad de empleo en todos los programas y actividades, de conformidad con el Título VI y el Título VII de la Ley de Derechos Civiles de 1964. Si usted tiene preguntas o inquietudes acerca de sus derechos civiles en lo que respecta a este programa, o si necesita ayuda especial con discapacidades o dominio limitado del inglés puede requerirlo – por favor póngase en contacto con el HRMPO al 540-885-5174 para poder solicitar los servicios con no menos de tres días hábiles antes de cualquier reunión. Se proporcionarán lenguaje de señas o intérpretes no estén en inglés si es necesario y se solicita con antelación de cualquier reunión llamando a la HRMPO. aviso público de actividades de participación pública y el tiempo establecido para la revisión y comentarios del público sobre la punta se adecuan a los requisitos de Proyectos.

DAILY NEWS-RECORD

STATE OF VIRGINIA
CITY/COUNTY OF ROCKINGHAM

Subscribed and sworn to before me in
the jurisdiction aforesaid this
21st day of February, 2017 by
...*Sharon J. Forey*...

Pamela R Smith
Pamela R Smith - Notary Public
My commission expires 06/30/2018
Notary Registration Number: 7040502

Certificate of Publication

CENTRAL SHEN PLANNING DIS

THIS IS TO CERTIFY that the attached
advertisement of:

TIP & LRTP

PO#:

appeared in the DAILY NEWS-RECORD
on the following dates:

02/21/2017

At 16.75 per inch, ~~line~~ Cost \$234.50

DUPLICATE by *Sharon J. Forey*.....



HRMPO PUBLIC NOTICE

The Harrisonburg-Rockingham Metropolitan Planning Organization (HRMPO) hereby releases for public comment the Draft FY 2018-2021 Transportation Improvement Program (TIP) and the Draft HRMPO 2040 Long Range Transportation Plan (LRTP). Copies of the TIP and the LRTP may be reviewed online at www.hrmpo.org or in person by calling the HRMPO Administrator at 540-885-5174 for a list of locations throughout the region where it is available.

The HRMPO will vote to approve the TIP and the LRTP at its meeting on March 16, 2017, at the Rockingham County Administration Center, 20 East Gay Street, Harrisonburg, Virginia. The public is welcome to attend and comment in person.

The Harrisonburg-Rockingham Metropolitan Planning Organization (HRMPO) invites the public to attend a public open house on the 2040 Long Range Transportation Plan. The open house is scheduled for Wednesday, March 1, 2017, 4:00-6:00 p.m., at the Rockingham County Government Center in the Community Development Department's Community Room, 20 E. Gay St., Harrisonburg, VA. Local, MPO, and state agency staff will be available to answer questions and receive comments from the public.

If you would like to request a public hearing, submit written comments, or if you have questions regarding these documents, please contact the HRMPO Administrator at the CSPDC Office, 112 MacTanly Place, Staunton, Va. 24401, by phone at 540-885-5174, or by e-mail to bounnie@cspdc.org. To request a public hearing, contact the CSPDC Office no later than Monday, March 13, 2017. The public comment period closes at 5:00 p.m., on Wednesday, March 15, 2017.

The HRMPO ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VIII of the Civil Rights Act of 1964. If you have questions or concerns about your civil rights in regard to this project or if special assistance for persons with disabilities or limited English proficiency is needed, please contact the HRMPO. Sign language or non-English language interpreters will be provided if needed and requested no later than three business days prior to the meeting, by calling 540-885-5174. Public notice of public involvement activities and time established for the public review and comments on the TIP will satisfy the Program of Projects requirements.

HRMPO PUBLIC NOTICE

The Harrisonburg-Rockingham Metropolitan Planning Organization (HRMPO) hereby releases for public comment the Draft FY 2018-2021 Transportation Improvement Program (TIP) and the Draft HRMPO 2040 Long Range Transportation Plan (LRTP). Copies of the TIP and the LRTP may be reviewed online at www.hrvampo.org or in person by calling the HRMPO Administrator at 540-885-5174 for a list of locations throughout the region where it is available.

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NOTICIA PUBLICA DEL H.R.M.P.O.

La Organización de Planificación Metropolitana de Harrisonburg-Rockingham (HRMPO por sus siglas en Ingles) abierta para comentarios públicos el Proyecto de Programa de Mejoramiento de Transporte (TIP) FY 2018-2021 y el Proyecto de Plan de Transporte a Largo Plazo de HRMPO 2040 (LRTP). Copias del TIP y del LRTP pueden ser revisadas en línea en www.hrvampo.org o en persona llamando al Administrador de HRMPO al 540-885-5174 para obtener una lista de ubicaciones en toda la región donde esté disponible.

El HRMPO votará para aprobar el TIP y el LRTP en su reunión el 16 de marzo de 2017, en el Centro de Administración del Condado de Rockingham, 20 East Gay Street, Harrisonburg, Virginia. El público es bienvenido a asistir y comentar en persona.

La Organización de Planificación Metropolitana de Harrisonburg-Rockingham (HRMPO) invita al público a asistir a una jornada pública abierta en el Plan de Transporte a Largo Plazo 2040. La jornada de puertas abiertas está programada para el miércoles 1 de marzo de 2017, de 4: 00-6: 00 p.m., en el Centro de Gobierno del Condado de Rockingham en el Community Room del Departamento de Desarrollo Comunitario, 20 E. Gay St., Harrisonburg, VA. Local, MPO y personal de la agencia estatal estarán disponibles para contestar preguntas y recibir comentarios del público.

Si desea solicitar una audiencia pública, enviar comentarios por escrito, o si tiene preguntas sobre estos documentos, comuníquese con el Administrador de HRMPO en la Oficina de CSPDC, 112 MacTanly Place, Staunton, Virginia 24401, por teléfono al 540-885- 5174, o por correo electrónico a bonnie@cspdc.org. Para solicitar una audiencia pública, comuníquese con la Oficina de la CSPDC a más tardar el lunes 13 de marzo de 2017. El período de comentarios públicos se cierra a las 5:00 p.m., el miércoles 15 de marzo de 2017.

El HRMPO garantiza la no discriminación y la igualdad de empleo en todos los programas y actividades de acuerdo con el Título VI y Título VII de la Ley de Derechos Civiles de 1964. Si tiene preguntas o preocupaciones sobre sus derechos civiles con respecto a este proyecto o si ayuda especial para personas con Discapacidad o competencia limitada en inglés, por favor póngase en contacto con el HRMPO.

Se proporcionarán intérpretes de lenguaje de señas o de idioma no inglés si es necesario y se solicitan a más tardar tres días hábiles antes de la reunión, llamando al 540-885-5174. El aviso público de las actividades de participación pública y el tiempo establecido para el examen público y los comentarios sobre el TIP satisfarán los requisitos del Programa de Proyectos.

Public Participation Plan



Adopted 19 July 2007



**Harrisonburg / Rockingham County, Virginia
Metropolitan Planning Organization**

c/o Central Shenandoah Planning District Commission
112 MacTanly Place
Staunton, VA 24401
540-885-5174

www.hrvampo.org :: rita@cspdc.org

**Public Participation Plan
Harrisonburg / Rockingham MPO
19 July 2007**

This Plan is prepared on behalf of the Harrisonburg-Rockingham Metropolitan Planning Organization (HRMPO) through a cooperative process involving the City of Harrisonburg, County of Rockingham, Town of Bridgewater, Town of Dayton and Town of Mt. Crawford, Virginia, Department of Transportation, Virginia Department of Rail and Public Transportation, Federal Highway Administration, and the Federal Transit Administration.

This Public Participation Plan is the second amendment to the original Public Involvement Plan (PIP) adopted by HRMPO on 20 April 2006. The first series of amendments to the PIP occurred on 21 September 2006. The second series of amendments to the PIP resulted in a wholesale reorganization of the document in order to make it compliant with SAFETEA-LU regulations. The PIP thus became the Public Participation Plan (PPP) on 19 July 2007.

The preparation of this work program was financially aided through grants from the Federal Highway Administration, Federal Transit Administration, Virginia Department of Transportation, Virginia Department of Rail and Public Transportation, and the five localities comprising the HRMPO. Administrative support and technical assistance was provided by the Central Shenandoah Planning District Commission.

HRMPO Public Participation Plan, (Staunton, VA: Harrisonburg Rockingham Metropolitan Planning Organization, 19 July 2007).

Repository: Central Shenandoah Planning District Commission, 112 MacTanly Place, Staunton, VA 24401. phone: 540.885.5174. e-mail: cspdc@cspdc.org

**Public Participation Plan
Harrisonburg / Rockingham MPO
19 July 2007**

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**Public Participation Plan
Harrisonburg / Rockingham MPO
19 July 2007**

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**Public Participation Plan
Harrisonburg / Rockingham MPO
19 July 2007**

The following membership rosters represent those serving at the time the PPP was adopted and is presented for information purposes only.

MPO Policy Board (PB)

Officers:

Chair - Charles R. Chenault, City of Harrisonburg
Vice Chair - Dr. Carol A. Scheppard, Town of Mt. Crawford
Secretary/Treasurer – A. Ray Griffin, Jr., Central Shenandoah PDC (*non-voting*)

Members:

Charles W. Ahrend, Rockingham County
William B. Kyger, Jr. – Rockingham County
Joseph S. Paxton, Rockingham County
Roger Baker, City of Harrisonburg
Ted Byrd, City of Harrisonburg
George W. Pace, City of Harrisonburg
Reggie Smith, City of Harrisonburg
Bob F. Holton, Town of Bridgewater
Rick L. Chandler, Town of Dayton
Garrett Moore, Virginia Department of Transportation
Ivan Rucker, Federal Highway Administration (*non-voting*)
Tony Cho, Federal Transit Administration (*non-voting*)
Chip Badger, Virginia Department of Rail & Public Transit (*non-voting*)
Stephen King, Rockingham County, (*non-voting*)
William Vaughn, Rockingham County, (*non-voting*)

MPO Technical Advisory Board (TAC)

Officers

Chair - Bill Blessing, City of Harrisonburg
Vice Chair – Rhonda Henderson, Rockingham County

Members:

William L. Vaughn, Rockingham County
Stephen King, Rockingham County
James D. Baker, City of Harrisonburg
Dan Rublee, City of Harrisonburg
Vicki Conley, City of Harrisonburg
Donovan Branche, City of Harrisonburg
Jeffrey J. Riddleberger, Town of Bridgewater
Shane D. Stevens, Town of Mt. Crawford
O. Wade Hill, Town of Dayton
Bob Ball, Virginia Department of Transportation
Don Komara, Virginia Department of Transportation
Chip Badger, Virginia Department of Rail and Public Transportation
Ivan Rucker, Federal Highway Administration (*non-voting*)
Tony Cho, Federal Transit Administration (*non-voting*)

Harrisonburg—Rockingham Metropolitan Planning Organization

City of Harrisonburg • Rockingham County
Town of Bridgewater • Town of Dayton • Town of Mt. Crawford



A RESOLUTION OF THE HARRISONBURG / ROCKINGHAM METROPOLITAN PLANNING ORGANIZATION APPROVING THE PUBLIC PARTICIPATION PLAN

WHEREAS, public involvement and participation is an essential part of the metropolitan transportation planning process; and

WHEREAS, Title VI and other Federal regulations require an ongoing public involvement process that documents outreach to disadvantaged, low income and minority communities and other stakeholders; and

WHEREAS, this Public Participation Plan has been developed in consultation with representatives from agencies and officials responsible for other planning activities within the MPO that are affected by transportation, and stakeholders including but not limited to the traditionally underserved and disadvantaged and minority communities; generators and users of freight; representatives of users of public transportation, bikeways, greenways, etc.

NOW, THEREFORE, BE IT RESOLVED, that the Harrisonburg-Rockingham Metropolitan Planning Organization Policy Board does hereby approve and adopt the Public Participation Plan on this, the 19th day of July 2007 and in so doing, repeals the Public Involvement Plan approved on 20 April 2006 as amended on 21 September 2006.

ATTEST:

Charles R. Chenault
Chairman
Harrisonburg-Rockingham Metropolitan
Planning Organization Policy Board

A. Ray Griffin, Jr.
Secretary—Treasurer
Harrisonburg-Rockingham Metropolitan
Planning Organization Policy Board

Section 1: Purpose

The purpose of the Harrisonburg-Rockingham Metropolitan Planning Organization (HRMPO) Public Participation Plan (PPP) is to provide a plan that provides a meaningful process that allows citizens, affected public agencies, representatives of public transportation employees, freight shippers, providers of freight transportation services, private providers of transportation, representatives of users of public transportation, representatives of users of pedestrian walkways and bicycle transportation facilities, representatives of the disabled, low and moderate income persons, minority groups and other interested parties with reasonable opportunities to be involved in the metropolitan transportation planning process. The HRMPO values and welcomes public participation in its transportation planning and program efforts, initiatives and decision making processes.

Section 2: Goals, Desired Outcomes and Measures

- 2.1 **The goals of the HRMPO** relative to the public participation process are as follows:
 - 2.1.1 Provide adequate public notice for public review, input, participation and comment on key decisions regarding the Constrained Long Range Transportation Plan (CLRP), Transportation Improvement Program (TIP), Unified Planning Work Plan (UPWP), amendments to the Public Participation Plan (PPP), and transportation planning initiatives and programs of significance; and
 - 2.1.2 Utilize multiple means of public notice to ensure that transportation planning information reaches the broadest possible audience; and
 - 2.1.3 Conduct meetings at convenient times and accessible locations; and
 - 2.1.4 Seek out and consider the needs of those traditionally underserved by existing transportation systems, such as low income and minority households who may face challenges accessing employment and other services; and
 - 2.1.5 Use technology to make planning documents understandable through use of visualization techniques where appropriate as a means to help describe transportation plans and the TIP; and
 - 2.1.6 Demonstrate explicit consideration and thoughtful response to public input received during the development of the CLRP and the TIP and other planning initiatives; and
 - 2.1.7 Periodically review the effectiveness of this plan and its procedures and strategies to ensure a full and open participation process; and
- 2.2 **The desired outcomes of the HRMPO** relative to the public participation process are as follows:

Public Participation Plan
Harrisonburg / Rockingham MPO
DD MM 2007

- 2.2.1 An engaged and well informed citizenry and stakeholders that provides thoughtful and meaningful input and participation to the metropolitan planning process; and
- 2.2.2 A meaningful and effective partnership between citizens, stakeholders and the MPO Policy Board (MPOPB) and Technical Advisory Committee (TAC); and
- 2.2.3 An effective CLRP and other transportation related plans and programs that addresses the needs and interests of the community.

2.3 **Performance measures to be used by HRMPO** in helping access its effectiveness in achieving its PPP goals and desired outcomes are as follows:

2.3.1 Product and Service Results:

- 2.3.1.1 Turnaround Time in Responding to Request for Information for Advertised Plans: MPO staff will respond to a request for information regarding plans advertised for public comment within three (3) working days of receiving a request.
- 2.3.1.2 Turnaround Time in Responding to Request for General Information: MPO staff will respond to a request for information within five (5) working days after such request has been made.
- 2.3.1.3 100% Percent Compliance Findings Resolved: Any compliance findings relative the PPP will be resolved in a timely fashion.

2.3.2 Stakeholder Satisfaction Results:

- 2.3.2.1 80% Satisfaction Rating for MPO Policy Board
- 2.3.2.2 80% Satisfaction Rating for MPO TAC
- 2.3.2.3 80% Satisfaction Rating for MPO Staff Professionalism and Courtesy

2.3.3 Employee Training Results:

- 2.3.3.1 Title VI Compliance Training: MPO employees will attend Title VI Compliance training on an annual basis.
- 2.3.3.2 SAFETEA-LU and other Compliance Training: MPO employees will attend 5 to 10 hours training per year on SAFETEA-LU and other regulatory Compliance training and education.

2.3.4 Organizational Effectiveness Results:

2.3.4.1 Key Plans Receive State and Federal Approval: All key transportation plans (CLRP, TIP, UPWP and PPP) will receive the appropriate State and Federal approvals.

2.3.5 Leadership Results

2.3.5.1 Ethical Behavior: The MPO Policy Board, TAC and Staff will perform their duties and responsibilities in a professional, ethical manner. The target is for zero ethical violations.

2.3.5.2 Regulatory Compliance: HRMPO will strive to achieve 100% compliance with Title VI and other Regulations governing the MPO.

2.3.5.3 Audit Findings: The MPO's target is to receive an unqualified audit opinion each and every year.

2.3.5.4 MPO Policy Board and TAC Training: Policy and TAC leadership will receive Title VI training on an annual basis.

Section 3.0: Opportunities for Participation

The HRMPO will take a proactive approach to providing an opportunity for the public and stakeholders to be involved early and with a continuing involvement in all phases of the transportation planning process. Section 4 outlines the various guidelines and methods that will be used to provide for meaningful public participation. HRMPO will operate in a manner consistent with Title VI Regulations

Section 3.1: Advisory Committees and Coordination with State and Local Agencies

3.1.1 Technical Advisory Committee (TAC): The TAC is a permanent committee that is composed of technical, planning and/or managerial staff representatives from each of the participating agencies of the Harrisonburg-Rockingham MPO. Subcommittees of the TAC may be utilized to study issue areas not requiring the full TAC participation.

Public Participation Plan
Harrisonburg / Rockingham MPO
DD MM 2007

- 3.1.2 Other Advisory Committees: Other Advisory Committees may be appointed by the Harrisonburg-Rockingham Policy Board as it deems appropriate.
- 3.1.3 The TAC and other MPO appointed Committee(s): These committees will also solicit input and recommendations from other citizen groups and interested stakeholders when reviewing various transportation plans and programs.
- 3.1.4 Coordination with Statewide Transportation Planning process. The VDOT Staunton District Civil Rights Manager and District Planner will and do work with the Committee(s) to provide information and offer assistance on various issues. HRMPO will actively coordinate and participate with the Commonwealth on the statewide transportation planning process as requested and as appropriate.
- 3.1.5 Coordination with State and Local Agencies. HRMPO will prepare its major transportation plans and programs, CLRP and TIP, in consultation with state and local agencies, including those responsible for land use regulation.

Section 4: Public Notice

Reasonable public notice shall be provided to the public as prescribed in the following subsections.

4.1 Notice of Public Participation Activities

Public notice shall be provided for all public participation activities. Public participation activities include:

- 4.1.1 MPO Policy Board meetings, both regular and special
- 4.1.2 TAC meetings, both regular and special
- 4.1.3 Any citizen advisory, ad-hoc or other formal committees that may be established by the Policy Board
- 4.1.4 Other meetings of the MPO Policy Board and/or TAC that are designed to solicit community comment and information on metropolitan transportation planning efforts and/or plans
- 4.1.5 Any approval of the CLRP, TIP, UPWP, PPP, or any other major programs and/or plans; and
- 4.1.6 Any amendment to the CLRP, TIP, PPP; and
- 4.1.7 Any substantive amendment to the UPWP and any other major programs and/or plans.

4.2 Public Notice Requirements for Meetings

- 4.2.1 Public Notification for Regularly Scheduled MPO Policy Board and/or TAC Meetings: In November, or the last regular meeting, of each year, a meeting schedule providing for the dates, time and location of meetings will be approved and published once in a local newspaper and posted continuously on the HRMPO web site.
- 4.2.2 Public Notification for Special Meetings of the MPO Policy Board and/or TAC: A notice advising the public of the date, time and location of the special meeting shall be published in a local newspaper and posted to the HRMPO web site not less than seven calendar days prior to the meeting.
- 4.2.3 Public Notification for Special Meetings held within the community for the purpose of presenting plans, gathering public input and participation shall be published in a local newspaper and posted to the HRMPO web site not less than fourteen days prior to the meeting.

4.3 Public Notice Requirements for Approval and/or Amendment of Plans

- 4.3.1 Approval of the Constrained Long Range Plan, Transportation Improvement Program, Unified Planning Work Plan and other major plans shall be subject to public comment. A notice of such plan's consideration and solicitation of public comment and invitation to the meeting at which it will be considered for final adoption shall be published in a local newspaper and on the HRMPO web site for a period of not less than 21 calendar days.
- 4.3.2 Amendments to the Constrained Long Range Plan, Transportation Improvement Program and other major plans shall be subject to public comment. A notice of such plan's proposed amendment and solicitation of public comment and invitation to the meeting at which it will be considered for final adoption shall be published in a local newspaper and on the HRMPO web site for a period of not less than 21 calendar days.
- 4.3.3 Substantive amendments to the Unified Planning Work Plan that change the scope of work, i.e., adding or deleting work plans (but not programs de-programmed in order to be carried forward into the subsequent fiscal year) shall be subject to public comment. A notice of such plan's amendment and solicitation of public comment and invitation to the meeting at which it will be considered for final adoption shall be published in a local newspaper and on the HRMPO web site for a period of not less than 21 calendar days.
- 4.3.4 Approval of and/or amendments to the Public Participation Plan shall be done in consultation with the various interested citizens and representatives of interested parties as identified in Section 1 and shall be subject to public comment. A notice of the Public Participation Plan's proposed adoption and/or amendment and solicitation of public comment and invitation to the meeting at which it will be considered for final adoption

shall be published in a local newspaper and on the HRMPO web site for a period of not less than 45 calendar days.

4.4 Public Notice Requirements for Harrisonburg Public Transit System

4.4.1 The Harrisonburg Department of Public Transportation (HDPT) utilizes the HRMPO as the vehicle for its public participation process. To that end, the MPO will comply with transit planning requirements. Each public notice for HDPT will state that “public notice of public involvement activities and time established for the public review and comments on the TIP will satisfy the Program of Projects requirements.”

4.5 Public Notice Methodology for Adoption/Amendment of Plans & Special Meetings as Noted in Sections 4.1, 4.2, 4.3 and 4.4

4.5.1 Newspapers. Public notice as required in Section 4 shall be published in the non-legal section of the newspaper having the largest circulation within the MPO area, foreign language newspapers and other media sources as deemed appropriate to reach minority populations. Such notice shall state the date, time and location of the meetings and where information, plans, etc., about the meeting or plan to be considered can be reviewed.

4.5.2 HRMPO Web Site. All public notices shall be posted on the web site under the Public Notice tab. Such notice shall state the date, time and location of the meetings and where information, plans, etc., about the meeting or plan to be considered can be reviewed. If such information is available in a digital format, it shall be posted to the web site and linked to the public notice.

4.5.3 E-Mail/Direct Mail Notification. A list of interested persons, stakeholders and/or organizations that have requested to receive notification of meetings, copies of agendas, notice when key plans and decisions are to be made shall be maintained by the HRMPO staff. Notifications as required and articulated in Section 4 shall be sent to those on the notification list. Hard copies will not be sent if those on the list have e-mail.

4.5.4 Public Agencies. All interested and affected public agencies, State, Federal, regional and local, shall receive notification as required and articulated in Section 4. Hard copies will not be sent if these agencies have e-mail capability.

Section 5: Public Information and Education

HRMPO is committed to providing citizens, stakeholders and interested parties with access to its public records, plans, meetings and activities. It is also committed to helping educate the public about metropolitan transportation planning and how it can affect their lives and businesses by providing information.

5.1 Access to Information

HRMPO will provide the public with reasonable and timely access to technical and policy information relating to the data or content used in the development of transportation plans, programs and projects. Documents will be available for public inspection at the office of the MPO staff (Central Shenandoah Planning District Commission) located at 112 MacTanly Place, Staunton, Virginia during normal working hours. To the extent feasible, documents will be digitized and made available on the HRMPO website— www.hrvampo.org

Copies of draft plans and programs for public review will also be placed at the following locations:

- Rockingham County Department of Community Development, 20 East Gay Street, Harrisonburg, Virginia 22802
- City of Harrisonburg Public Works Department, 320 East Mosby Road, Harrisonburg, Virginia 22801
- City of Harrisonburg, City Manager's Office, City Hall, 345 S. Main St., Harrisonburg, Virginia
- Town of Bridgewater Town Office, 201 Green Street, Bridgewater, Virginia, 22812
- Town of Dayton Town Office, 125-B Eastview Street, Dayton, Virginia 22821
- Town of Mt. Crawford, available at Town of Bridgewater and Massanutten Regional Public Library.
- Massanutten Regional Public Library , 174 S. Main St., Harrisonburg, VA

5.2 Public Education and Information

- MPO Staff will perform routine maintenance and updating and posting of materials on the HRMPO website, www.hrvampo.org , to include but not be limited to: public notices for procurement, public comment, public meetings, policy documents of the HRMPO, meeting schedules, HRMPO events and activities calendar, major transportation plans including the CLRP, TIP, UPWP, PPP, etc., agendas and minutes of meetings for the Policy Board and TAC, etc.
- MPO Staff will compile an educational packet\brochure for distribution at public offices, agencies, libraries, and to post on the HRMPO website.
- HRMPO officials, staff and volunteers will make presentations as requested by citizen groups, public agencies, or local governmental bodies.
- HRMPO officials, staff and volunteers will attend public meetings sponsored by MPO member jurisdictions as deemed necessary and appropriate by those jurisdictions and their staff.
- HRMPO Staff will provide, as appropriate, public service announcements and interviews on radio and cable television local community channels to explain the subject matter and promote public participation.
- Articles and Press Releases will be provided to local media.
- HRMPO Staff/Officials will provide information presentations at regional sites, open houses, round tables, or other community forums as requested and/or appropriate.
- HRMPO Staff/Officials will provide formal presentations to various service clubs, civic and professional groups as requested.

- Mailings will be provided to select individuals, groups or organizations that have expressed interest or made comments at meetings.
- Information flyers will be distributed on public transit buses.

Section 6: Public Meetings

6.1 Location of Regular Meetings of MPO Policy Board/TAC

Regular meetings of the MPO Policy Board and TAC will be held at the Rockingham County Government Center or the City of Harrisonburg Fire and Rescue Building. These facilities are ADA and public transit accessible.

6.2 Location Public Information Meetings

Public information meetings will be held at various locations in the Harrisonburg-Rockingham County area to inform the public of the planning process and to solicit ideas, input and feedback. Public hearings and public information meetings will be held at locations accessible to and at times convenient to minority and disabled residents. To the extent feasible, meeting locations held within the community will be ADA and public transportation accessible.

6.3 Public Comment Opportunity

All regular and special meetings of the MPO Policy Board and TAC, and any other MPO appointed committee, will provide a public comment period after the meeting is called to order and the minutes of the prior meeting have been approved. This comment period may be used by citizens to address their concerns, provide input, etc. to matters on the agenda or of a general nature as long as they relate to metropolitan transportation planning. Additionally, when major plans as articulated in Section 4 are placed on the agenda, public comment time shall be provided as part of the Board's or TAC's discussion of that item. Public comment may also be received about an item or items to be discussed at a meeting via e-mail, mail, etc. prior to the meeting. In these cases, copies shall be provided to the Board and/or TAC members and noted for the public record during the meeting. Explicit attention to and consideration of public comments will be given and responses, when appropriate, provided to questions asked.

6.4 Interpreters

Sign language and/or non-English language interpreters will be provided if needed and requested at least seven working days in advance of a regular and/or special scheduled meeting. Request should be made with the MPO Staff identified in the Contact Section of this Plan.

6.5.0: Response to Public Input

- 6.5.1 Responses to questions and comments from the public concerning the public participation process, draft transportation plans, programs, or public agency consultation process will be made directly to the individual by email, letter or telephone call or some other appropriate means.
- 6.5.2 When significant written and oral comments are received on the draft CLRP, TIP and UPWP as a result of the participation process outlined in the PPP or the interagency consultation process, a summary and analysis of the comments and a report on the disposition of the comments shall be made as part of the final CLRP and TIP.

Section 6.6: Approval of Major Plans

The Policy Board of the Harrisonburg-Rockingham MPO will hold the final public hearing and/or meetings, as appropriate and required, on the transportation plans as noted above. After due consideration of all public comments received in writing and/or presented in person at the meeting/hearing, the Policy Board will deliberate upon all information that it has received and make a decision, via Resolution, on the transportation plan in question. However, an additional period of public comment will be provided to stakeholders if the final CLRP differs significantly from the version that was made available for public comment by HRMO and raises new material issues which interested parties could not reasonably have foreseen from the public involvement efforts.

Section 7.0: Periodic Review and Amendment of PPP

HRMPO will review and consider revisions to its PPP on a bi-annual basis to ensure that it remains a dynamic and effective document. Review and amendment of the PPP will be done in consultation with various stakeholders as outlined in Section 1.

Section 8.0: Contact Information

Citizens, stakeholders and interested parties may contact the following individuals for information regarding this PPP, MPO documents, plans and other public records, submit oral and/or written comments about any advertised plan, submit oral and/or written comments about the MPO and its planning efforts to:

1. MPO Secretary/Treasurer—Administrator, 112 MacTanly Pl, Staunton, VA 24401, 540-885-5174, cspdc@cspdc.org
2. MPO Administrative Assistant, same address as above.

Detailed contact information is also provided for each member of the MPO Policy Board and TAC on the HRMPO website, Board and Committee tab.

Public Participation Plan
Harrisonburg / Rockingham MPO
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