

Sentara Community Care -Harrisonburg

Sentara Mobile Care



Sentara Community Care - Harrisonburg

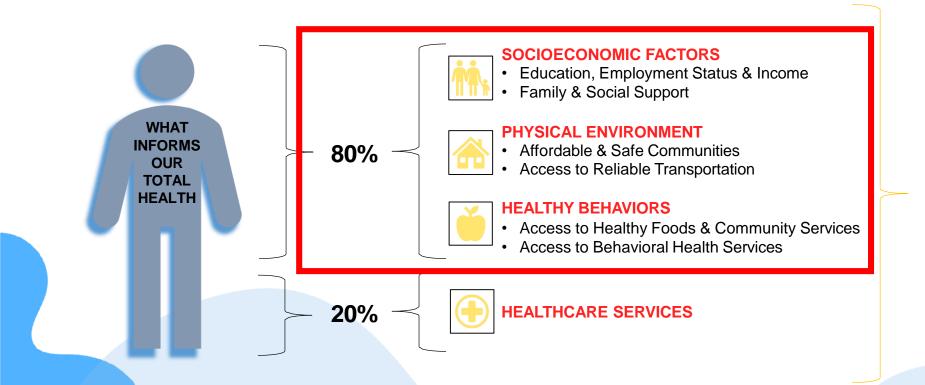


Community Care is a new model to bring neighborhood-level health and wellness services to historically marginalized and under-resourced communities and to improve total health.

Since Sentara Community Care in Harrisonburg opened its doors, we have attended to unique patients with different needs, we have identified that some of the most important needs are transportation, mental health of minors, and access to healthy and nutritious food in the family.



Partnering on the Path to Total Health and Well-being



Sentara Community
Care addresses
each of the core
factors contributing
to an individual's
total health —
regardless of where
they are on their
path to well-being

Addressing Root Causes

In order to live our mission to improve health every day, we have to go beyond our walls and help the community address the factors affecting our community most. Eighty percent of what determines an individual's health occurs outside of the hospital.







Sentara Community Care: Care Model Mission



 Bring neighborhood-level health and wellness services to historically marginalized and under-resourced communities to improve total health focused on the social drivers of health.



- Advance health equity and improve disparity gaps
- Dismantle barriers to care by <u>bringing care to where the</u> <u>community lives, works,</u> <u>plays, learns, and worships</u>.



- Develop programs with community partners to support the community.
- Deliver full service primary care, maternal health, mental health, and social support services



Sentara Community Care: Care Model Mission





Our Community Care Centers are designed to make accessing healthcare services easy and convenient, delivering comprehensive medical, behavioral health, and social support services all under one roof, right within your neighborhood.



Sentara Mobile Care

Recognizing that transportation and time constraints often hinder access to healthcare, Sentara Mobile Care takes healthcare to the streets, quite literally. Our Mobile Care units travel directly to the communities with the greatest needs and largest gaps in healthcare, ensuring that healthcare isn't a burden but a readily available resource.



Sentara Community Care: Care Modes

Care Centers

- 6 Days per week
- Typical practice clinic with additional services to support the community
- Direct provider services: PC (Child-Adult), BH, Prenatal Care
- Evening and weekend hours
- Food Pantries at some locations

Mobile Care

- •5 Days per week, evening and weekend hours
- Direct provider services: PC (Child-Adult), Prenatal Care, BH
- •15-20 neighborhoods served monthly per vehicle
- Reduces traditional barriers, transportation challenges and inconvenient times
- Locations chosen to maximize convenience and proximity to other essential community organizations and services

School Care

- Operate during school hours within title I schools
- Direct provider services: PC services for acute issues
- 1 medical assistant on-site at school during school hours
- Virtual technology that connects student and faculty to NP
- Goals to reduce absenteeism and improve child wellness care

Neighborhood Community Health Workers

- 6 Days per week
- Support patients 1:1 with their SDOH needs
- In the community/neighborhoods
- At community events

Community Health
Activities

- Large group events in underserved communities
- Provide health and wellness services outside the typical clinics at events in the community (health checks, immunizations, sports physicals)
- Classes/Activities on-site at centers and at partner organizations in the neighborhoods that will improve the lives in the areas we serve



Partnerships

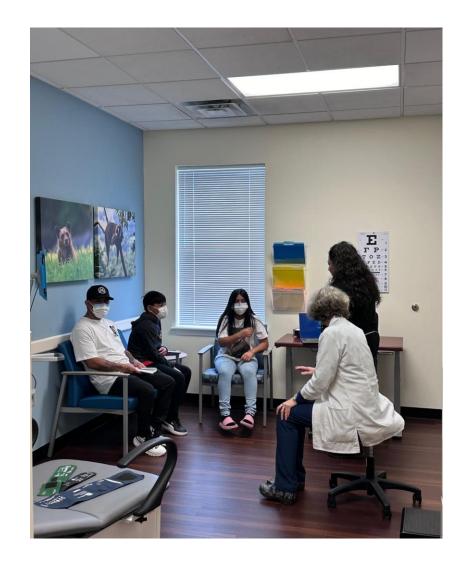
Emmanuel Baptist
Church- Food
Pantry

Faces 4 Change -Substance abuse prevention James Madison
University Community events
and Promotores de
Salud

VDH, HCHC and Free Clinic – Healthcare Services Iglesia Nueva Vida
Pentecostal Community services
and assistance

La Casa de la Salud Latina - Training and Community Resources

Medicap – Local Pharmacy SRMH – Diabetes Education



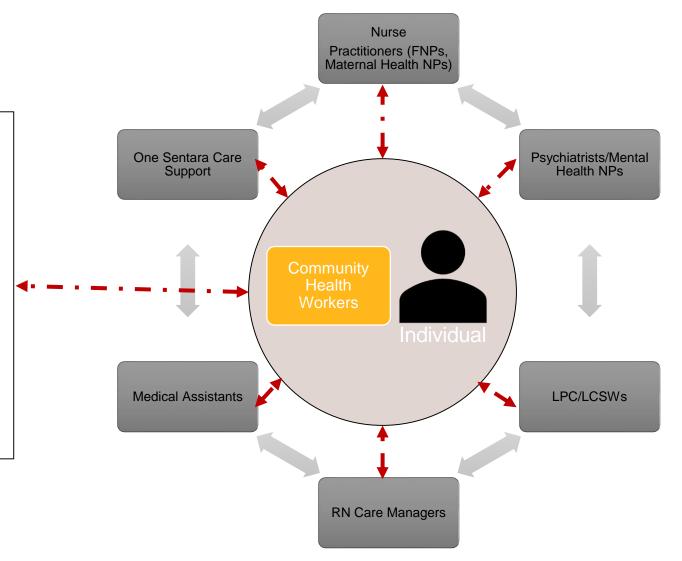


Sentara Community Care

Uniquely Designed Care Team

Connecting to Community Services & Partners

- Neighborhood leaders
- Community organizations
- Faith-based leaders
- > CSBs
- FQHCs & Free Clinics
- Homeless shelters
- State/City/County services
- Foodbank
- And many more...





Sentara Community Care

Uniquely Designed Care Services



Primary Care & Behavioral Health Services

- Comprehensive & preventative primary care services for children to adults
- Mental health providers and counseling
- Addiction medicine programs
- Onsite lab draws
- Walk-ins welcome
- Virtual options
- Non-traditional clinic hours.



- > Frequent check-ins
- Increased health education
- Nutrition and wellness classes
- Social drivers of health support and connections
- > Insurance enrollment
- > Transportation assistance
- > Food and nutrition assistance
- > And more...



- Neighborhood community support system
- Faith-based leaders
- Food bank & food pantry organizations
- School divisions
- And more...



Social Drivers of Health Model: Link to Community Services

In partnership with community and faith-based organizations, we help ensure that Community Care locations provide access to the following services:

Financial literacy

Food and nutrition security assistance

Cooking and health education services

Healthcare navigation

Education and career training

Substance use resources

Naturalization service support

Transportation assistance

Housing assistance

Domestic and community violence assistance

Note: This list is representative of the types of services to be offered. Specific services will vary to meet each community's most pressing needs.



Sentara Community Care in Harrisonburg

Identify the locations

- Set a calendar with community partners
- Identify strategic locations where needs are identified

Outreach

- Connect and learn from the community members
- · Identify specific needs,

Identify SDOH and barriers

- CHWs will work closely with individuals
- Community resources

Healthcare Services

- Primary care services
- BH services
- Care management and education

Community Health Activities in the neighborhood

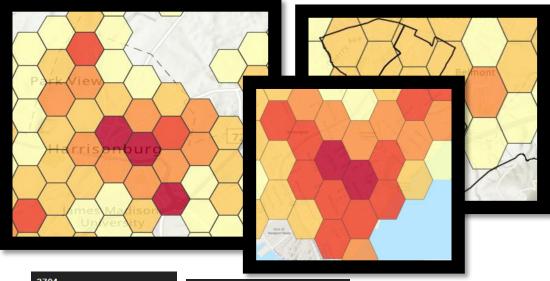
• Nutrition program, exercise, cultural activities, and more.



Heat Maps for Prioritizing Areas

(Care Gaps: Well Visits, Uncontrolled Diabetes, Hypertension, Immunizations, Substance Use Initiations & Engagement, Prenatal Care)

Hospital High ER Utilizers



3704

Average Age: 50

ED Visits by Condition: Hypertension: 1650 Diabetes: 872 Asthma: 273 Behavioral Health: 2064 Unsheltered: 131

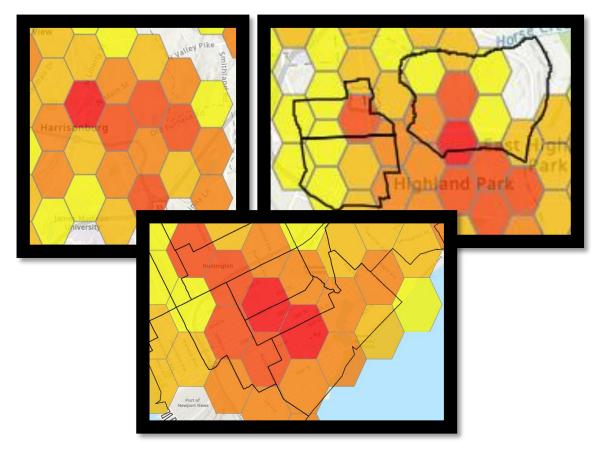
ED Visits by Gender: Male: 1777 Female: 1927 ED Visits by Race: White: 2895

Black: 468
Asian and Pacific Islander: 62
Native American:

Other/Patient Refused: 279

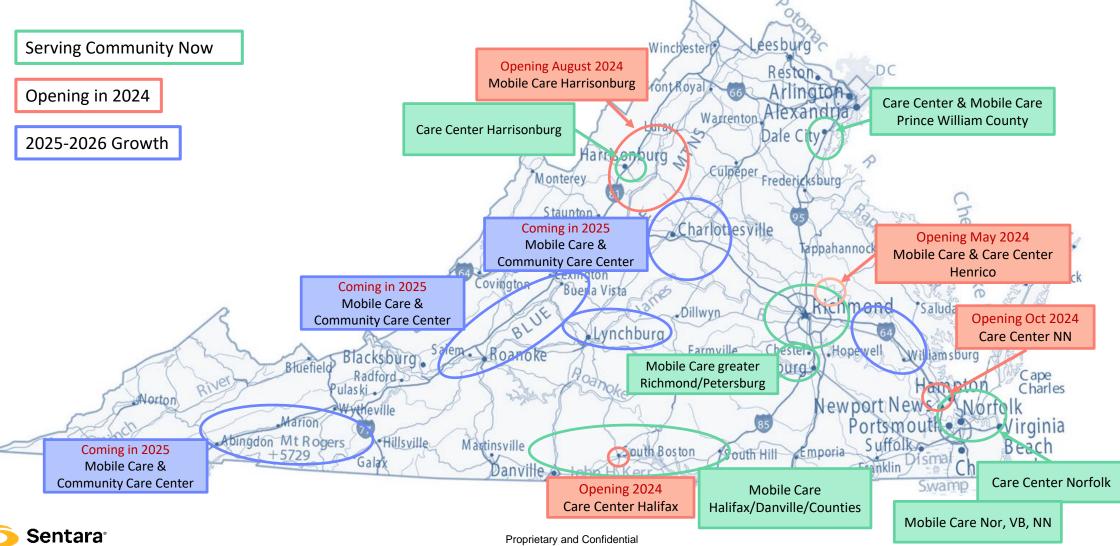
ED Visits by Payor: Commercial: 662 Medicare: 1466 Medicaid: 885 Military: 4 Self Pay/Charity/Welfare/Other: 687

Medicaid Members w/Care Gaps





Sentara Community Care: Map of Virginia Regional Plan





Sentara Community Care

Locations & Growth

OPEN NOW

Community Care Centers

- 1) Care Center Norfolk Berkley
- 2) Care Center Norfolk ACC
- 3) Care Center Norfolk Union Mission
- 4) Care Center PWC Woodbridge
- 5) Care Center Harrisonburg

Mobile Care Vehicles

- 1) Mobile Hampton Roads
- 2) Mobile Woodbridge (2)
- Mobile Greater Richmond
- 4) Mobile Halifax, Charlotte, Chase City, Mecklenburg, Pittsylvania

OPENING SOON

Community Care Centers

- 1) Care Center Henrico (May '24)
- 2) Care Center Newport News (Oct '24)

School Clinics

- 1) Harrisonburg
- 2) Hampton
- 3) Va. Beach
- 4) Newport News

Mobile Care Vehicles

- 1) Mobile HR Opiate Care
- 2) Mobile Harrisonburg, Rockingham Co., Page Co (July '24)

2024-2025

Community Care Centers

- SW Virginia
- 2) Roanoke
- 3) Lynchburg
- 4) Charlottesville
- 5) James City Co

Mobile Care Vehicles

- SW Virginia & Co. surrounding
- 2) Roanoke & Co. surrounding
- 3) Lynchburg & Co. surrounding
- 4) Charlottesville & Co. surrounding
- 5) James City Co & Co. surrounding



Questions

For more information:

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